

Xikko Pana Xayitidhdhe Kollinkito Dhellinkottay Ana kolladhi Kollo Ashshankito 8 – Ille Taye Qhac'ay



GHAPAYYO 8 – Kate qhaat'atte thaani
OCTOBER 2022

Makaanise Maathiwoose

DihmaPako kollinkito theknikkatte,
Komithe napse pinnisa kate qhaat'eete

Katiye maafe Murffaye

*DihmaPako dhamma theknikkatte, ghohkko inthawte
dhelliinkitona*

Komithe napse pinnisa kate qhaat'eete



KOLLO Oofammo Fe'eete

GHAPAYYO	Fe'ammo
ALAAMA	Hoota hayyunko fe'e pile pileetena arindha, qhoota xopeethepa qhoorranneetena kolladhe
XEERE	Tak'k'a lakki - hxupin
NAQNO PUDHUNATTE	Haka dhelle -lakki
XAYTO	Mi'aadhe qhorratte kitta tunki qakkannenu pana qhaallitakkonu xikko kaaamoolatte ghaleesko lakkittay qakkadhenu xayto gharra.
POOLETTAY	Mi'aadhe illena laaghadhenu qhorratte tootte dhamma kitta qakkannanu kodhe, xatupettay ghaleesko lakki sama gharisay.
MAAXHXHADHDH E	Ayyunko onkaadhhe fe'eetenu tak'k'amaasi si'ilaadhhe heye dhikitettay thappinu nu gharisay, ishikille, saykile, piskilliithe, kaanke, kaamoole, awthoopise, .
HI'AMMO SILMEY	olho a eemadhi

ALKASTTE



Nappape pa tooxe



pako



heenna waarshshito

THAAYAMMIINE

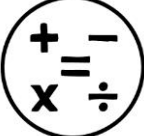



- Xikkussa qhoota ille ikkumatte qhamu ye kodhdhussa mi'aadhenu qalli. Xikkusa qhoota talalatte pana qhoota aynate fe'isso tookko kaa'itana kolladhe. Mi'aadhissa xikkitto ghintettaaki kodhdhe paynie rakko ye qaghe. Xeere qhaallitakko xikkadhthamina qhaallithakkussa qhaalladhenu taaki dhiithadhe alkane. Xeere qagha paynie xeere takkasa xikkadhe alkane.
- Xeere hayyunko fe'eete a arastina, wo'o mi'aadheete na are ho gheeqasa. fe'isso pana achche qale dhihatte ille taya sheeghnanki, hussanu dhihatte thusundhi na upadh.
- Si'iladhhe kodhdheesikka xawwadh. Lelleehe kodhdhana a t'ak'k'amannayye.

KOLLINSADHE

- Mi'aytakko tookko rakko meelleetekki na qaghapa xeere lelleehe "kaamoole" a kodhdhana qakkathaaneete lelleehe ye alkasu payni, mi'aadhe kaamoolena qagha ghalesko lakki sama qhamu qakkadhe kodhepa mahxahxe thunkunnu saarpinne kodhettay lelleehissaasi gharise alkasamnay. Gheleesskassakka dhuutte. Mi'aytakko tookko "oofampakko kaamoole" qhamu kodhdhininu hay pana konnaththo huusu hela ghalettay mi'aadhe pile qale l qakkadha. Mi'aadhe qhaallitakko qhaallahankinna taaki apaqhe payni maahhxhissana saasaarpe gheeqasa qhaallitakko shikkaaraashti payni oofampakko kaamooley ho hXayisinkussa dhafi lighasettay qhawhossi maahxhxe ghapi lighna. Haki Mi'aytakko tookko haqni saasa na hohole.
- Omporadhhe qhac'i payni, mi'aadhe lixooma waark'atadhhe kaaratteesi "qakkathanenu" xawwadhettay xikkadhe alkannanki. qhaallitakko sali payni waark'atadhheema qakkadhe gheeqasa pana pukkaqatte kodhdhe tupettay waark'ate tootteesi akke..
- Mi'aadhe pudhune dhamma sheeghana pudhune lakkisa qhoote pana xikkussaasi pudhune lakkittay xikkateese a alkasnanku.

DHIHAMTADHDHE

- Mi'aadheete qhorratte kitta hola napay. "Ine hon qaakni waarshunkottay. Waarshunko haanina kimphadhdhepa onkadhdhe an sheeghni."
- Xeere dhammana onkate mo'o a hiinii? payyepa kaasqadhe. (Malse hisi Xayi kalakkata kodhdhe alkanna, kaamooledhdhe, kaamooledhdhe fe'eete, piskilitadhe, kaankadhhdhe, pile pilekka.) Onke mo'o nukki an tak'k'amannii? (Malse, xaytonu xaytooma achchenu.)
- i'iladhhe tak'k'amadhettay mi'aadhe onkadhdhe fe'eete thappinu kula (ishkilite, piskilite, kaanke, kaamoole nu arasa.).
- kaamoole, awthoopise kaamoole fe'eete, piskilite pana ishkilite mali achchiti?" paypa kaasqadhe.
- Olho kankaladha luhhe mala qhamu sheeghe ayye qallinanku?" (Malse qhoorranne)
- Mi'aadhe hayyunkidhdhi fe'eetena tookko qhamu na tak'k'amadhe sama arenu pudhunissaasi marammar! (Mi'aadhe aynate fe'eete tak'k'amadhe payni qhamu hi'aannenu kaasqadhe a alkannay.)
- Hayyunkidhdhe fe'eete anna kala eemti tupettay mi'aadhe pukkaqatte karo xayto qhoorratte kula qakkaththakko thunku okaasnenu kaasqadhe. Mi'aadhe qakkathanissa ghalsko lakki sama qhamu xawwanne panaa qakkadhonkinnu kaasqadhe (Qhamo awthoopiseema qakkadhe kula kodhettay.)
- qhaallitakko l qhaalladhe (Kodhdhatte kodhdhadhe) taaki hiripko hiripe pana mi'aadhe qhamo aynate fe'eete kulaqakkathaaneete lelleehe paayyinanu kaasqadhe. qhaallitakko shikkaari payni, awtopisatte qakkathakko tayadhe isundhe gheeqasa. Pukkaqatte na holankinna qakkattakko akke. Mi'aadhe awto pisatte qakkathakko taye ye alkasonki payni, ghintatte payyo. Haki Mi'aye tookko haqhnisaasa xikkadhe.

KOLLO		Kaamooladhdhe Pana Luhhe Huusundhi	
GHAPAYYO	Fe'ammo	<div style="text-align: center;">ALKASTTE</div> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  ho dhihakkito pana ho amnito </div> <div style="text-align: center;">  pako </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  Nappape pa tooxe </div> <div style="text-align: center;">  heenna waarshshito </div> </div>	
ALAAMA	Olho <u>hudhdhan</u> kulanna kumase killaadhe, Olho qhorratte kodhdha qhamu mala laalaawi dhihadhe, Kodhamo pudhunatte		
XEERE	Tak'k'a lakki-hxupin		
NAQNO PUDHUNATTE	Haka dhelle- lakki		
XAYTO	Mi'aadhe qhorratte dhammanna kittatteqhamu qakkannennupana Xayitussa lakkina kittatte lelleehe qhamu dhikkisnennu xayto hxafna.		
POOLETTAY	Mi'aadhe qhorratte dhammanna kittatte qhamu qhamunku qakkannennu kodhe. nakaleemakka xayto lakki nu karis.		
MAAXHXHAD HDHE	<ul style="list-style-type: none"> • Kaamooladhdhe ashaankullatte (a sheeghanku payni, huni sheeghte pynimi'aadhe noosi olho qhoorrattaane kula nakkare illaay nu illaaa holas • Olho kummoomappa issi olo laaleesa to'on - hxupin saasa nu kodhdhi, holappa kuppaaayyakko tookko kittaamakka xawwadhay • (Hissana kittattekka hxupin si kodhdha). Waark'atadhdhe to'on nay ghoxannadhdhe naqhit'i pana kaarrannidhdhe saysamme pana he shikkaaraasi nakittaama haqis. Thannu ghoxannitte pukkaqattena "Xayiyto shikkaareesamPako kaamoole" to'on nays (Lighno si'ilatte eeme) 		
HI'AMMO SILMEY	olho a eemadhi		
THAAYAMMIINE (THAAYAMMIINE)	<ul style="list-style-type: none"> • Wark'k'atadhdhessi kummoommay kodhdheesi naa xawpanahe, lelleehe nakala kodhdhine kitta t'ak'k'amadhe. • Mi'aadhe Xayitussa kula okayatte qha'raitay xytudhdhe gharise. Onkissattay mi'aadhe qhamu mala kodhdhine pana mi'aadhen kolladhetay qhamunku a leehistinu hoye rishiqikki kodhdhini. • Saathe killisatte muhtina mi'aadhe mullukko Xayiythudhdhissa xikkitto ooshettay qhamu hoo k'aark'arre kodhe. mi'aadhe mullukko qhooti xaytudhdhissa t'ak'k'amadhe maallay, isundhe millukko ooshe gheeqasa. 		
KOLLINSADHE	<ul style="list-style-type: none"> • Mi'aadhe pudhune qhac'anay, pudhunissa mullukko qhamunki ooshintinu kodhe gheeqassa. • Mi'aadhe alkastte kollinkito pile pile sheeghaasi lighnonu, pukkaqatte thunku ille tamakkannennu pudhunadhdhetay ille theemme. Mi'aadhe alkastte dhikita sheegha, lighnonu, xayto pukkaqattena kittatte kaamoole lakki haqisenu pana pulthwhe huusundhi qaakito illaay haka -lakki saasa ille ikkume alkannanki. (Mi'aadhe pudhunissa lakkinadhihakko ghula qhamu kodhdhi saamare paynie patta). Hantukka mi'aadhe alkastte dhihakkito ghohisna, kipoortatte kittatte thunku ½ hoqhhashnennu kaasqadhei, Hussanu hxupin dhaghghape pana hxupin si qhamo xikko rehammi kula l theemme. 		

DHIHAMTADHDHE

- Mi'aadheesi qhorratte kitta illaa holas. Mi'aadhe Xayi qharra'itha kolladheesi fe'e onkate kaa'itha nanu hol.
- "KUyyu kaamooladhdhe qale xikko dhiheeteesi pana olho kankaladha pana ho oofamattay si'iladhdhe an kodhdhiniini" napay. Mi'aadhe noosi Xayitudhdhessi lakki annu kharisti nu hi'aas. Mi'aadheesi hiphphadhattay Tak'k'a saasa Xayitudhdhissa kitta kodhdhinanu waawte nu teex, haa tupettay qhamu illena Xayitudhdhissa oohannenu kodhi. Mi'aadhe kodhdhankinna Xayitudhdhissa kitta'ita lallaaghame pana xikkadhe alkannanki.

A. Dhihakko xayto kaamooladhdhe naa shikkaareennay - mi'aadhe lakkittay kuppaayya tookkottay dhihakko maahxhxeete pana olho lakki kaamooladhdhe naa shikkaareesi okaase. Mi'aadhe olissana qhamunku dhihakkidhdhissaasi kiiknennu dhiktis pana kaamooladhdhe hoqhqhashsheesi waark'atadhdhe huusundhisa qhamu haqisnennu pana dhihattakkussa t'iwwa saappa holeppa xawwadhonki. (Lighnonu, Mi'aytakko tookko dhihattakko salax si siti payni, kaamoole salax si koro xayto k'aa'eete kula xulleese gheeqasa.) Mi'aadhe kaamooladhdheesi xayto shikkaaraashatte kula sitankinnay ikkittohaskamattay dhihe isundhe gheeqasa. Hona kala qaghakka qhamussa kodhe gheeqasa pile pilekka. xayto kaamooladhdhe naa shikkaare Mi'aye intoosipa hoqhqhashu putamPako kodhdhini, Xeere qagha payni hanna qhaytto haqisatte kaanta, na hoholettay laanka xikkadhe alkannanki.

Shiinno pana nakkarro- Mi'aadhe qhoorranne illaa holaseesi thunku nakkarrottay oofnennuy dhiktis, haatupettay waark'ataane huusuni saappa'itha kankalise. Monkorakoraadhdhekka qhamussa qhoorranne qhamu kodhdhessa pana monkorakoraadhdhe hasa lighooma lalleehhattay hasa ligha qhamu sheeghe na taayis. Hussakka oofammo fe'e onkattena qhamu lalleehne isundhe k'aark'arra.

KOLLO

Hayyakkito Pana Pasito Achchindha

GHAPAYYO	Fe'ammo
ALAAMA	Hayyunkidhdhe peelle fe'eetesikka assaapadhe
XEERE	Tak'k'a lakki-hxupin
NAQNO PUDHUNATTE	Haka dhelle-lakki
XAYTO	Paayyootatte mi'aye pukkaqattenu qhorratte kitta qakkadhenu xayto kara. nakaleemakka qhoorrattanissa kulanna lallaaghamenu xayto .
POOLETTAY	Mi'aadhe qhorratte tookko dhamma kitta qhamu qakkanne
MAAXHXHADHD HE	Si'iladhdhe ye dhikitoomme he paapuratte, roophphilatte, hxupurpurakkito, koonkito, markape pasito pana uffaatte hayyakkitoosi haqise. .
HI'AMMO SILMEY	olho a eemadhi

ALKASTTE



Nappape pa tooxe



pako

THAAYAMMIINE (THAAYAMMIINE)

- Qhoota robhbhilaadhdheete qalladhe mi'aadhenu olho xashshitte sheeghi kodhdhe alkanna. Robhbhiladhdhe qhamo hayyunko fe'eete kula annu arasanna rophphiladhdhe qhamo dhuke achchanko onkattena kula pareema nu kollis. Rophphiladhdhe hela taayenu ye waadhinti maallay heenna mi'aadheete na ara. Mi'aadhe yaxunko rakkadhatte taaki heenna dhammi hi'aase payni pudhunettay qhamu kodhdhineppa poorki olho na qagha hela lihasonkinnu xeere takkassa nu teex.

KOLLINSADHE

- Mi'aadhe hantukka k'aalathadhdhe k'aalathadhdheete ghohisa payni, qhorratte kitta xeere padhaawamtina si'ilaadhdhe fe'eete okaasettay pana hayyunko fe'ena nanu hol. Haka si'ile fe'eetena a okaasinti pana haka aynate fe'eetena a hayniitisa mi'aadhe lookko qhorratte kaa'ita lallaaghamettay xikko xikkadhe alkannanki. Mi'aadheesi lookko pa lookko waadhne padhaawasetta pana fe'eeta a haytiisi kodhdhe usundhdhe gheeqasa.
- Aynatadhdhe fe'eete pile pileetena lalleehi thusu Mi'aye kodhdhe malaali mi'aadhissa dhikito mali maaxhxhe arnito (si'ile taaki waaghghe) it't'oosettay pudhunettay si'ilissa haqisnana (Taaki pukkaqatte) qhamu haqinnenu dhiktise a alkanna. Aynatadhdhe fe'eete mulo. (Ghapatte, Onkikki reehadhdhe payni, lalleehi nakala kodhdhamanna qhamu eemho huusundhi dhikittista na ara, hussanu mi'aadhe laanka haqise alkanna)

DHIHAMTADHDHE

- Mi'aadheesi qhorratte kitta illaa hola. Napay, "Xayi qharra'itha onkaadhdhe pile pile fe'eete an tak'k'amannena kaa'ita an kollanni. Onkadhdhe an t'akk'amannina onkadhdhe tookke he ini t'a'k'amannikki qagha payni ine qallii?" (mi'aadhenu malse thunku teexnenu faro nu teex, ha tupettay paapure, roobhbhile hxopporakko, koonko markape pana uffatteesi arasenu si'ilaadhdhe akodhdhitiisi nu hi'aas)
- Qhoota aynati fe'eetena qale. Mi'aadhe hinka qhamu hayyunko fe'e hinkanna tak'k'amadhe saama hi'enu theemmatte kodh.
- Aynate fe'e mulona paapure kitta qhamu kodhdhinenu si'ilaadhdhefe'e onkattena okaas..
- Si'iladhdhissa xayto izzexi saama toorenu pudhunadhdhe kodhdha. Onkadhdhe fe'eetettay isundhe reeha - he piyyatte, he hayyito taakihe qpanaheete.
- Mi'aadhe qhorratte kitta qakkadhattay xikko xikkadhe. Mi'aye tookko qhoorrattatte qhamu lallaaghamninu haypa mi'aadhe tookkatte okkotto pukkaqqe na ghaghappadhdhattay, "hittuu laalle...." Papaye isundhe gheeqasa. Mi'aadhissa lakkife'idhdhissa dhikxeerenu paapure kaa'ita laaghamte mulo kodhdhe isundhe gheeqasa. Ghappadhdhana mi'ayyissa reeho yeenaa kodhunna karo qakkatakko mi'aye pileete kula lighghe theemme uso gheeqasa. Mi'aye tookko mi'aye tookkussanu reeho teexenu theemme gheeqasa. Uso taaki ise esikki ye kodhdhammadhu payni xikkusa laanka theemme gheeqasa..

KOLLO

Paapuraadhde pana rohbhiladhde

GHAPAYYO	Fe'ammo
ALAAMA	ynatadhde fe'eete eemindha, Kodhmo pudhunatte pana alkasunte k'aark'aratte ghohise, waadhettay kodhdhe
XEERE	Tak'k'a hxupin - izzex0
NAQNO PUDHUNATTE	Haka dhelle -lakki
XAYTO	Mi'aadhe qhorratte kitta qakkadhenu xayto gharray, Haatupettay si'ile kodhdhenu pudhunetta kodhdhe .
POOLETTAY	Paayyoteema mi'aadhe qhorratte dhamma tootte kitta qakkannanu kodh. Nakala si'ile achchankito kodhdhenu pudhunaadhdeema qhoota .
MAAXHXHADH DHE	Saamunaadhde ilgheete pana maahxhxe hxupin c'aqhghallito waark'k'ataadhettay (si'ile taaki waaghghe) Si'ilaadhde ye dhikite he paapurattepa he rohbhilatte. waark'atadhde hxupin qhut't'ame kuppaayyay to'on-hxupin (pudhune tookko tookko)
HI'AMMO SILMEY	olho a eemadhi

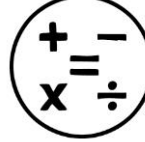
ALKASTTE



Nappape pa tooxe



pako



ho dhihakito pana ho amnito



heenna waarshshito

THAAYAMMIIN E (THAAYAMMIIN E)

- Mi'aadhe hayyo saappa'itha maahxhadhdhe nakayhunkitoosi haqisnenu dhikktise hela taay. Lelleehisi moonthoosikka ghadhay moonu payni mi'aadheesi ille taye dhukatte moonthito pana olho saappeete qagha illay ille taye huusundhiisi laanka ghohisenu faroote xeesi teexi. Urratte, karmakatale, aaghe hoolo, xusko pilekka nu dhikktis panami'aadhe rophphile haqisenu reehadhde payni ille paqhatuyenu orxankonu qpanahimma achchankonu rohbhile qhamu haqisnenu na thaayas. .
- Husikka lelleehe pudhunatte qhamu kodhdhisa mi'aadhenu qalli. Mullukko to'okunkottaykki kodhdhineppa hadhidheesi kodhdettay paapuradhde piyyatte achchenu haqise isundhe gheeqasa. Maahxhadhdhe moontito qaghaasi dhihenu pana haqisenu mullukko ille qale kodhdhe gheeqasa .

KOLLINSADHE

- Pudhunatte kittatte mi'aadhe jarjaredhdhe qagha payni, mi'aadhe xikko paapuradhde inna kodhdhinexikkadhe alkannanki. Motore paapuradhdhissana qhamu kodhdhinenu mi'aadhe lakki-izzex saasa rehhi. Mi'aadhissakka qhamo paapuratte kula qhorratte kittatte lelleehe gheeqasa. Haatupettay mi'aadhe qhorratte ghintetta qagha pareema k'aark'k'are isundhe gheeqasa pana mi'aadhissakka mi"adhi hashshittooma xarghge inna helenna "paapurissa illay ille tayase" isundhe gheeqasa. Mi'aadhe mullukko paapurissa qale haki ille taynessa achchase gheeqasa .

DHIHAMTADHDHE

- Mi'aadheesi paapure kitta illaa holas. Na paynia, "Paleete thaainna lallaaghamenu onkadhdhe hoqhqhashshe an maramarri!" na pay. Mi'aadhe hayyunkidhdhe achchankito kolladheesi dhihnankinnu kaasqadhe.
- Hassa Na Pay "Kuyyu si'ilaadhde paapuratte pana rohbhilatte kodhdhenu ille qale an kodhdhiniini" na pay. Mi'aadhenu si'ilaadhde paapuratte pana rohbhilatteesi nu hi'aas. Paapure waarsho haani kitta'ita xayto pile pile kula qhamu maala achchi ye qale a alkannankuu?" na paypa kaasqadhay. qhoota kuttumo pana qhamu maala a kodhdhineesi mi'aadhe illay illena laaghadhe.
- Nakalaamakka mi'aadhenu maahxhadhdhe arnitoosi nu hi'aas pana hadhidhadhdhe paapuratte saamuna ilgheetettay qhamu a maala kodhdhiisi nu hi'aas. Lighno haahu kitta hadhidhadhdhe paapuratte kodhdhenu pudhune lakki taaki izzex na ktate samunadhde ilgheete illaaghapsisenu mi'aadhenu nu qalli. Dhikkitakko shirdhdidhdhuyiisi nu hi'aas pana pukkaqatte laaskitissana kittatte dhikitako qhamu reehine pana maahxhadhdhe moontito qaghaasi haqisenu ille qale kodhdhine nu qalli (maahxhisaka Urratte, karmakatale, aaghe uffaatte, rophphile, pilekka) kodhdhe alkanna.
- Mi'aadhesi pudhunadhdeema qhoota pana si'iladhde huusundhi reehadhe kula qhamu kodhdhinenu kodhe. Dhixeere tupettay si'iladhdhissa eemadhe sireetenu rakke alkannanki

KOLLO Luhhadhdhe fe'eete

GHAPAYYO	Fe'ammo
ALAAMA	Luhhe peelle peellesi I dhihadhe,alkasunte dhihe thaanina ghohise
XEERE	Tak'k'a hxupin - izzex0 min
NAQNO PUDHUNATTE	Haka dhelle - lakki
XAYTO	Mi'aadhe qhorrakko dhamma kitta qakkannanu pana xayto lakki saama leelleehe qhamu dhikinnennu xayto hxafna
POOLETTAY	<ul style="list-style-type: none"> • Mi'aadhe qhorrakko dhamma kitta qakkannanu kodh. Nakalaamakka xayto lakki ghars. .
MAAXHXADHDHE	<ul style="list-style-type: none"> • Luhhissaasi karo kaartoonadhdhe tallumma kula I ghoxe. (Lighnonu, saat'ine manghita a kodhadhe) setensile kodhdhenu (Ma'izenadhdhe izzex he luhhe peelle pile sheegha, qhoorranne pana kaarridhdhe.) • Pilaaydhussaasi kodhdhe (Achchanko yi'o ghaqeeena eeme) • Si'ilaadhdhe qhawto ye dhikitoomme he takkassa kodhadhi (makina fe'eete, robhbhile, saaykile koochchottay, konkho pana kaamoole. • Napayniawaark'atadhdhe saappeete luhhe pile pile sheeghaasi kodhdha pana hissaasi t'iwwa kitta xawwodha • qhorratte tootte the dhammay, tiraankile panaskeere . • Mi'aye qagha mulonu wark'k'athe pana maahhxadhdhe annito (si'ile) • Xayina qharra'itha wark'k'athadhdhe dhihakkito .
HI'AMMO SILMEY	olho a eemadhi

ALKASTTE



Nappape pa tooxe



pako



ho dhihakkito pana ho amnito

KOLLO (THAAYAMMIINE)	<ul style="list-style-type: none"> • Mi'aadhe xayto huusundhi kula okayatte qharra'itha Xayitidhdhe ghars. Onkittay mi'aadhe qhamu maala kodhdhineespanami'aadhe xeere dhamma kollinkottay qhamu saarpinnenu nu hi'aase ye dhikkiti . • Mi'aadhe hantukka qhoota ghirranneete pana dhiheetena xulsadhe thuusundhi ghohsadha payni, olho xeesa. Husiisi kolladhe olho koro hxaseesa qhamu kodhdhi arama dhiishi dhihakkidhdhepa ghirranadhdhe hela taayenu ye koro kitteessi . • Olho ghirranne shirdhdhudhduyasa pana kuppaaayadhdheesi xawwadh, Lelleehe karo miinattesa tak'k'aman .
KOLLINSADHE	<ul style="list-style-type: none"> • pudhune mi'aadhe takkumma na qagheennay to'okkunkottay lelleehe qhamu kodhdhinennu kodhe a alkannay . • Mi'aadhe alkastte pile pile kollinkito sheegha, qhamo alkastte thuusundhi kula pudhunadhdhe kodhdhe, Hussakka mi'aadheesi pudhunadhdhe takkummattay kodhmo pudhunatte kodhdhenu reehe a alkannay. Lighnonu alkasunte ghirranneete ghohisenu mi'aadhe hello wo'aasi pudhunatte kittatta qhoota ghirranneete nu dhiktisenu qhamu xeere likkasnenu illaa holas. Xeere pana humna haahu pudhunissaasa kodhe yeho gheeqasti. Kapa ghirranadhdhe pile pile xulsadhe thuusundhina arenu xeere takkassa saarpise a alkannay

DHIHAMTADHDHE

- Mi'aadhe qhorrakko kitta illaa holas. Hayyunko fe'e onkattena na kalaa eemma pana Mi'aadhekka ho qale dhihnanu kodhe..
- Tiraankile waark'atatteesi, qhorratte pana kaareesi illa khapsise. Mi'aadhe inthooseppa ghirranne are gheeqasa, hussanu husiisi qhamo ghirranatte eemenu t'ak'k'amadhe."Husi ghirranne aynate mala ligha?" paypa kaasqadhay. "Ee! thisi--- karidhdhe hela taayeesikki sheeghti."
- Hassa Pay "Kuyyu ghirranadhdhe kolladhenu pudhunettaaki an kodhdhiniini" na pay. Mi'aadhenu Xayithudhdhe lakki gharistiisi nu hi'aas. Kammattottay mi'aadhe haka tak'ik'a to'on kula qitti ha kittaama ghayyine kodh, haatupettay illena o'ohammanukka kodh. Mi'aadhe xeeri kodhdheenna Xayithudhdhissana kittatte a'achche pana isundhe qale xulle.

A. Oofammakkussa hoqhqi- si'iladhdhe hayyunko fe'etena kodhdhitiisi, ghoxanne dhihakkito pana ghirranne laastighadhdhe pana ghirranne tootte laastighadhdhe kittatta sithenu. He laastghatte qhac'eesi naqno huusundhittay tarratte kula qitti lighettay miinta'ita na oghadhettay fe'e oofama kittaa xuleese usundh gheeqasa. (Lighnonu,dhikko lakkintadhdhe salax si si'ile koonghito kodhdhattay ho kiika pana shirdhdhidhduyase karo izzexna maahxaththo izzex xikkito ma'izanadhdhe izzex kodhdhinapa koongho kitteema qhamossi xawwadhe kula kodhe isundhe gheeqasa.) Mi'aadhe dhihakko qhawtitto qhamunku reehadhdhinennu pana qhamunkunna hohollennu kodhas. khoraaranneesi athu oohunna qharra'itha xeere takkassa
- Fe'ampo - Atho ghoraaranne fe'ammito gharistipa mi'aadhe noosi waark'atetta it't'oosay. Mi'aadhe aynatadhdhe fe'ammito c'ikadheesi ghoraarannete (Payyo hospitaale manne kollinkitona, manne poostay, moore, mesghidh, t'aapiyya foolisatte, xayto robhbhile naa qakkatti) Haqisenu fe'ammoosi thunku t'akk'amanenu dhikiti

KOLLO	Onkadhdhe waarshsho
GHAPAYYO	Fe'ammo
ALAAMA	Awthammo waarshshito, gheegeese mannadhdheeteesi xulsadhe, alkasunte kodhmo pudhunatteenaasi ghohise
XEERE	Tak'k'a lakki -hxupin
NAQNO PUDHUNATTE	Haka dhelle lakki
XAYTO	Dhilleesi qhorratte kitteema laaghghattenu illaa holasenu xayto hxfafna, xa tupettay pudhunet kodhdhenu pana xaqasenu taaki haqisenu xayto hxafna.
POOLETTAY	Mi'aadhe qhorratte kittatte qaghatta paayyi, haatupettay waarshsho huusundhi kodhdhe qhamunkun alkannenu pudhunettay qhoota (isundhe pukkaqattenu maahxhadhdhe arnito gheegeese.)
MAAXHXADHDHE	Xayitidhdhe hint'ay waarshshito kittatte qagha/Xayithudhdhe si'ilaadhdhe sheegha kaarnadhdhe thappinu kodhdhe (ospitaale, manne kollinkito, Manne maahxheete, manne, manne poostay.) Pukkaqatte mi'aadhe pudhune salax nu waark'k'atadhdhe pana ghirranne .
HI'AMMO SILMEY	olho a eemadhi

ALKASTTE



Nappape na tooxe



pako



heenna waarshshito

- Mi'aadhe waarshi kodhdhineesi gheege, moonu payni kodhmo haakala kodhdhine kitta qhooti tak'k'amanne maallay
 - Mi'aadhe dhikxeere tupay qhamu ooshnenu xeere gharra hxure haahu hela taay
 - dhelleesi tho'okukottay thunku kodhdhineppa k'aark'k'arssa kodhonkinnu arno nu teexe. Pudhunissa thusundhi kodhmo tho'okukitoosi ghohisa.
 - warshshidhdhe mi'aadheni heenna thaayama pana heennidhdhe okaase alkanna. heenna qhaskadhe mi'aadheetena naara. Mi'aadhe heenna rakkadhatte hi'aase payni piritte nassadhatte kolladhe. .
- KOLLINSADHE**
- mi'aadhe dhihakko k'aalathadhdhe pile piletana sheeghe payni mi'aadhe pukkaqatte kiriththo waarshshito kodhe, k'aalathadhdhe k'aalathadhdheeteesi qhamu kollannenu pudhunadhdhettay illaalahxa. Mi'aadhe mullukko waarshshoosi haqisetta qhamu kodhdhinenu pudhunaadhdhissa dhiktis
 - Pudhune mi'aadhe hoqhqhshshattena pana xayto ho qhac'a kodhdhu payni, mi'aadhe tookke tookke liixooma issi kodhdha payni hxasoodhe kodhdhe alkaanna. Kodhdhenu liixo rakkisama qhamu kodhdhi upadhe. .

DHIHAMTADHDHE

- Mi'aadheesi qhorratte kitta illaa hola. Napay, "Fe'e waarshsho haaninna kittatte an kollanniisi waarshsho haani kitta'ita qhamunku an achchiniininu ine k'aark'aranki. Warshshito kittatte karo hint'adhdhe pile pile kula pana Xayithadhdhe kula a achchinaani. Paleete thaanina hint'aadhdhe mala lighoomakki an taye alkanniini? (malsaadhdhe t'aapiyya foolisatte, hospitaale manne kollinkitona, moore, mesghidh, manne kirstaanay, xayto korona talali ilekka) kodehdhina
- Hint'aadhdhe/Xayithadhdhe waarshshito a haqistiisi tak'k'amadh. Si'ile manne kollinkitona ghadadhe. "Husi manne kollinkitoo?" Hint'aadhdhe waarshsho kodhdhina kaarnadhdhe k'aalatte illay nanu hohola.
- Mi'aadheesi pudhune izzex taaki salax saama qhoota, "Ghupthammo waarshsho haahundhina qhamu kodhdhintekki an wo'ii?" Hint'aadhdhe hinka qhamu waarshshokitta'itha taymadhenu gheegeesisa assaapadhenu pudhunadhdhissa qale kodhdhi pana si'ile isundhekka na kitta ghapa haqise. Waarshsho haahundhi kitta'itha chche qhamu alkanniitenu hint'aadhdhi pana Xayitidhdhe onkatte, hadhiidhepaapurattena, kolladhdhe illay illa taysise olo taymoodhi.."
- Hint'aadhdhissa/Xayitaadhdhissa eemankunna luhhe malakki sheeghee?"na paypa kaasqadhea. (Malse, kaara tiraankile." "Hisi oofammo fe'e piyyattena qhamunku lelleehe luhhenenu he kodhana rehamankii?" Napaypa kaasqadhay
- . Mi'aadhe paleete thusundhina pana olho ye kodhdheesi kodhdhenu qhamunku kodhdhinenu dhiktise. Mi'aadhe hello wo'e payni waark'k'ataadhdhe huusundhisa luhhe ghupthammito kodhdhe qhamu woonenu waark'k'ataadhdhe takkumma taaki maahxhadhdhe takkumma kaaratteesi nu teexe alkannay
- Xeere qagha payni, dhelle si'iladhdhe waarshshitoosi pukkaqatte thunku qhoottadhdheesa dhiktis.

KOLLO	Fe'ammo (ghirranne) oofama
GHAPAYYO	Fe'ammo
ALAAMA	Ghirranneesi eeme, Kodhmo pudhunatte, ille taye (ghare)
XEERE	Tik'ka to'on – lakki
NAQNO PUDHUNATTE	Haka dhelle - lakki
XAYTO	Mi'aadhe qhoorrakitto kittatte xayto inna qakkanne, haatupettayghirranne oofammitoosi illaa holase .
POOLETTAY	Mi'aadhe qhorratte kitta qhamunku qakkannenu kodh, nakala atho "onkaadhde" c'aqhqhalistiisi oofenuy pudhunaadhde hxupin saama qhoota.
MAAXHXHADHD HE	<ul style="list-style-type: none"> • Xayi qharra'itha ghirranne waark'k'ataadhdeete a kodhdhiti. Kuppaaayyaadhde hxupin qaghe gheeqasa. (He takkassa patta kodhe gheeqasna kodhdhini) • Dhikkatte onkate qagha kaasana kittatte ghiirranne dhihammo taakissa (lighnonu awrughe, paqheelo pilekka.) • .Liixoomatte kaarinadhde pile pile kodhdha. Tookke he ghet'e'ooma pana tppkke he qhuqhuuqhame kodhdhi. Kaaeannissakka karre reeha qhamunku kodhdhinenu kodh. Dhikkatte kaarrannitte pukkaqattena ghirrannitte tootte anaa kodhdhini. (qhorratte, kaare , haase izzex – lighnidhdhissa eemindha)
HI'AMMO SILMEY	olho a eemadhi



THAAYAMMIINE	<ul style="list-style-type: none"> • Mi'aadhe xeere huusundhi kollinkitoosi qhamunku ghohisnenu lelleehe ye paayyonkinna "omkidhdhe" gharie. • Mi'aadhe he tiqtadhattay "oofnanu" nu qalli. Onkate tara tootte mi'aadhe Mi'aye tookkito kutay qaghe alkannanki. Mi'aadhe onkate xeere mi'aadhe hoqhqhashshe qaghrna illa xule gheeqasa. (Mi'e pileesi saarpisenu hele gheeqasa.) Ikkumathhuusi ikkumaththo qpanahi. Hussanu mi'aadhe xeere dhamma akke alkanna. • Mi'aadhe "oofankinna" Hayyunko fe'ammo hunkanne qhamunku kodhdhe saama na kaasqadhekka gheeqasa.
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KOLLINSADHE	<ul style="list-style-type: none"> • Mi'aadhe alkasunte dhihakko ye dhikite sheeghekki qagha payni pudhunadhde to'on sa he alkase dhikkidhdhe dhikkittanna sheegha pudhunadhde to'on sa patta ye kodhdhunna dhihakko mullukko thunku dhihennu dhikisettay xikkussaasiho miiri koro theemma qhamu kodhdhininu kodhe alkasamna. • .Pulthawhe huusundhi onkate "oofe" mi'aadhe yenu alkasamtikki qagha payni "Onkadhdhe" waark'k'ateema haqise kula pana mi'aadhe pudhunaadhdhattay ghotte huusundhi onkate "oofnanu" kodheettay lelleehi ye theye leehanti kodhdhe alkannay. Waark'k'ataadhde huusundhisa dhikkidhdhe karo ghirranne huusundi kula xawthame.
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DHIAMTADHDHE	<ul style="list-style-type: none"> • Mi'aadheesi qhorratte kitta illaaholas. "Kuyyu onkidhdheghirranne uuma karo rakkisana pukkaqteesi oofe a alkanna!" Mi'aadhe illay ghiranisasi eemindha, • "Aynate fe'eete a kodhdhe wooteesireehadhde a alkananku, fe'e onkeny, pasonu pana hayyonu. Pudhune pukkaqattenu ghirranne kupayasi nnu teexna. Eello nakittatte qaghasa ghirranne shirdhdhiidhdhitoosi marat'adhapa karo onke dhukatte kula pukkaqqe haahundhiisi ghorranissattay dhikxeerenu. Tara haahu dhikkannittay dhihamPakoosi haqispa karo pudhune thaahu kula dhaanase gheeqasa. Pudhune pukkaqattena mulo faroote xulsadhatte tayadhe gheeqasa. • ." Mi'aadheesi pudhunaadhdheema qhoota pana kuppaaayyaadhdehekka nu teexa. Dhikkatte onkaadhdeetesamakka ghirranne pukkaqattesa toorro dhikkitoosi naa xawwa. Mi'aadhenu husi ikkumaththo qhamu ye kodhdhussa nu qalli. Lelleehe pana lelleehe ghirranninna patta. • . Mi'aadhe pukaqatte faroote oofeete tayadhe tupettay, Dhiho me'eki an illaa holasnii? Dhihasso mullukko I illaa holase pana illaa holissana kittatte dhihe. (Pudhunettay I dhihe moonu payni lelleehi ikkumaampaawhe isundhe konni nana wo'o huusundhi ghqadhi., Dhihe alkasunti lelleehattena to'on-to'on dhiheesi dhikisenu qpanahi. (Mi'aadhe ghohnanu kodheete ghintettay.)
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KOLLO K'aark'k'arssa Waarshshito

GHAPAYYO	Xayto mooratte
ALAAMA	Qhoota k'aark'k'arssadhdhe pile pile waarshshitona are
XEERE	Tak'k'a to'on - lakki
NAQNO PUDHUNATTE	Haka dhelle - lakki
XAYTO	Mi'aadhe qhorratte tookko dhamma kitta qhamu qakkanne
POOLETTAY	Mi'aadhdheesi qhorratte dhamma kittaa ghars
MAAXHXHADHD HE	K'aark'arsadhdhi hakala waarshshitona si'ile ye dhikittiisi haqise, toftooritto, foolisitto mokkonne, kollisampako, ghirooseeritto, oofampakko, ho oosha, taaki tookkekka olho gheegeasa to'on-lakki waarshsho haahuna kittatte miirikki hi'ame. Si'ilaadhdhe xayti qharra'itha kodhdhammadhdhe.
HI'AMMO SILMEY	Olho a eemadhi

ALKASTTE



heenna waarshshito



pako



Nappape pa tooxe

- Si'ilaadhdhe k'aark'arssa waarshshitona oke kodhdhammadhe alkane shattunkopa shambhunkito he reehamma kodhe gheegeasa. Pareema shatte/shambho kodhe ye gheegeasti

THAAYAMMIINE

- Waarshshidhdhe mi'aadhenu kasidhdhe xashshitte kodhdha kodhdhe alkananki. Qhoota waarshshito kaa'ita qhallanna mi'aadheete heenna huusundhina ara. Mi'aadhe miiroodhe paynihxayisinko nu teex .
- Olho gheegeasa kaasay waarshshonu ho tak'k'ama qhamu kodhdhisa mi'aadhenu nu qalli, mi'aadhe waarshsho dhikitaasi ghohise qhamu alkannessa usunhe hxafase kollinko xeesa .

KOLLINSADHE

- Mi'aadhe k'aark'arssa waarshshito qale k'aalathadhdhe ille tayettay pana xawthammo sassaappito gharrattay, kaarnaadhdhe kodhdheesi hi'aasenuy pana k'aark'arsampawhe waarshshitona tik'ime thusundhi xikko takkassana tik'ime qhamunku kodhdhinenu dhiktise a alkanna.

DHIHAMTADHDHE

- Mi'aadhe qhorratte kitta illaa hollasppa kaasqadhe. Si'ilaadhdhe qhoota k'aark'arssa waarshshona kodhdhe qhoorrattissa kittaami xawwadhe. Hint'aadhdhe waarshsho kitta'itha qagha illay si'ilaadhdhe huusundhipa kaarnaadhdhe athu kodhdhiti qale ille eema.
- "Hint'aadhdhi taaki Xayitudhdhi taaki Xayitudhdhe paleeta'ita eemaani payni karo mala lighooma qhamukkan hi'e alkanniini?" Napaypa kaasqadhea. Hint'aadhdhi taaki Xayitudhdhi pukkaqatteesi eemindha. (Malsaadhdhe hisi ha kalakkataasi illaa ghape alkanna, manne kollinkiti kollisampawhe pana mi'aadhe.. hospitaale- toftadhdhe, akimaadhdhe, karo akkimadha ... pilekka)
- Kodhmo pile pile huusundhina kittatte si'ilaadhdhe kora haqisttisiisi tak'k'amadh.
- Lighnonu He si'ilaadhdhe kollisampakkito ghadadha, napay, " Husi qhawho waarshsho haanina kittatte qagha. Qhawho waardhdho haani k'aark'ara.
- K'aark'arsampakku waarshshito yaxaa?" Napaypa kaasqadhay. Malsekka (kollisampako) "K'aark'arsampakku waarshshitoosi hint'a mala lighana kittatte an taye alkanniinii?" (males; Manne kollinkitona).
- Kollu k'aark'arsayye pile waarshshito illay nanu hol.
- Xeere sheeghti payni mi'aadhe illay xikko takkassa xikkadhenu si'ilaadhdhe t'ak'k'amadhe. Mi'aye tookko karo xayto hahu kula tooma'ita qhamunku okayninu kodh pana hantukka k'aark'k'arssadhdhe waarshshito kolladheenna si'ilaadhdhe huusundhi nu hi'aasay. Mi'ayyiisi k'aark'k'arssa waarshshito kodhadhin kodhadhe iso gheegeasa. Mi'ayyissa mi'aadhe pilenu k'aark'arsampako paleetatte hunk qhamu kodhdhi eeme gheegeasa.

KOLLO

**Kooffiyya k'aark'k'arssa
Waarshshitona**

GHAPAYYO	xayto Mooratte
ALAAMA	Ulsunke qhoota k'aark'k'arssa waarshshitona kodhdheete, qhoota k'aalathadhde k'aark'k'arssa waarshshitona eema
XEERE	Tak'k'a to'on - lakki
NAQNO PUDHUNATTE	Haka dhelle - lakki
XAYTO	Paayyoteema Mi'aye pukqaqatte qhorratte kitta qakkannanu xayto hxafna. Nakala pudhune Mi'aye si'ile haqise alkasatta kodhdheppa kodhdhinanu xayto
POOLETTAY	Paayyatteema mi'aadhe qhorratte kittaami qakkannanu kodh pana nakaleemakka pudhunadhde innaa kodhdhine ttay qhootoppa xeeri haqisenna maahxhadhdhissa qhootnanu kodhe..
MAAXHXHADHD HE	Si'ilaadhde qhoota k'aark'k'arssa waarshshona a kodhdhiti.
HI'AMMO SILMEY	olho a eemadhi

ALKASTTE



Nappape pa tooxe



pako

**THAAYAMMIINE
(THAAYAMMIINE)**

- Mi'aadhe Pulhawhe huusundhiisi kaanastettay qhamu apaqhqhasnenu dhiktis. Mi'aadhe k'aark'k'arssa waarshshito mullukko qhamu gheeegasa pana pulhawhe huusundhi olhu kodhe wo'e kaasay kaanase qhamu isundhe gheeegasa na taays. K'aark'arsana kuta olho pile ye qaghi. Mi'aadhe ulsunke k'aark'k'arssa koro hellho huusundhina pana reehho anna apaqhti payni dhiktise isundhe gheeegasa.
- Mi'aadhe Xayi'o inna si'ile kodhdheesiooshshnanu xeere teexe gheeegsa hela taay.
- Lelleehe karo miinatte gheeegasannu kooffiyya k'aark'k'arssa waarshshitona okaas.

KOLLINSADHE

- Pudhunadhde mi'aadhe hoqhqhashshatte pana xayto holu miiri issi qhac'a mi'aadhe liixooma kodhdhenu he xaso sheegha kodhdhinanki. Hasi kodhdhi payni, kodhdhenu liixo dhikita qhamu
- Mi'aadhe gheeegase k'aark'k'arssa waarshshitona pareemakki xulsadhe payni, moonu k'aark'k'arssa waarshshoito olho gheeegasa hunnu payeppa issi dhihadha saama pulhawhe huusundhi qhamu kaasqadhennenu dhikkits

DHIHAMTADHDHE

- Mi'aadheesi qhorratte kittaa illaa holas si'iladhde k'aark'k'arssa waarshshitona a kodhdhitiisi xawwa. Mi'aadhe kodhmu kodhettay eema.
- Napay, "Kuyyu pukqaqqaahuninukooffiyya k'aark'k'arssa waarshshitonakki a kollanniite. Pukkaqtaahuusi qhamo k'aark'k'arssa waarshshito kula qhamu koontipa dhihadhonnukki an wo'i. Moonu payni karo miinatte olho kodhdhe woote illay k'aark'k'arssa mara'atti ho ille ligha kodhdhine. Kooffiyissa k'aark'arssissa waarshshito paya qhamu assaappottay xawwannenu taaki k'aark'k'arssampakkussa kodhmo kodhana si'ile hussaasi hi'aasa qhamu haqistinukki an wo'i."
- Mi'aadhe k'aark'k'arssam pako hunka kodhdhe qhamu wo'e qhamu k'aark'k'arssa kula oohnenu pana qhamunka qallannenu dhiktis. Pulhawhe huusundhi illay thorryadhankinnay apaqhqhasampawhe koro kaanasa qhamunku kodhdhinenu na taays.
- Mi'aadheesi pudhunadheema qhootettay maahxhadhdhe si'ilaadhdeete qhamunku qhootannenu pana assaappo k'oope thuusundhina thunku qhamu haqisnenu waark'ate nu teex
- Mi'aadhe mullukko kooffiyya huusundhi dhikxeere payni karo haahu kula qhamu okaynenu hahy (tara to'otte.) Hussanu waark'k'atadhde ghirranne t'ululattay (qhamo k'oopatte kodhdhenu) c'aqhqhallo taaki ghapsissottay alkannanki.
- Xeere qagha payni, Mi'aadhe kooffiyyaadhdhissa xulsadheppa pana k'aark'arssamPako paarneet'attay xawtami saathe kodhdheppa issi qaghana kitta kodhdhettay lihasnana xikkadhe alkasonki.

KOLLO	Laaghamte Waarshshitona Laaghamte
GHAPAYYO	Fe'ammo
ALAAMA	Fe'eesi na kalaa eema, Xayitudhdhe waarshshito eeme, kodhmo pudhunatte
XEERE	Tak'ka to'on - lakki
NAQNO PUDHUNATTE	Haka dhelle - lakki
XAYTO	Mi'aadhe qhorrate dhamma kittaa qakkadhenu xayto hxafna. nakaleemakka Xayitudhdhe pile pile waarshshitona pirittaane qaghana kittatte xayto mi'aadhe na lalleehne .
POOLETTAY	Mi'aadhe qhorrate dhamma kittaa qakkannanu kodh. Laaghamte Xayitudhdhe Pirittaane waarshshito na hi kaa'itha saarppise.
MAAXHXHADHD HE	Waarshsho kitta'itha Xayitudhdhe ar'ma salax-hxupin saasa (Hussakka manne kollinkito, ospitaale/kiliilike, moore, roostaraante, pasho pilekka) pilekka Xayitudhdhe waarshshito pana pirittaaneesi kodhdhe
HI'AMMO SILMEY	olho a eemadhi



- THAAYAMMIINE**
- Gharsonu lalleeha paayye qharra'itha pirittaane xayto waarshshitona ghadho kifilatte kaallasaama c'aqhqhalis. Maahxhadhdhe pile pile Xayitudhdhe waarshshitoosi lighaasikki a sheeghti payni maahxhadhdhissa pirittaane kaa'itha xawwadhe a alkannay. He qharro mi'aadhe kodhdhekka payni kooffiyya k'aark'assa waarshshito illay xeeru ille tayenna xayto waarshshito, (alkasama payni) xawwa
 - Mi'aadhe Xayitudhdhe pile pile waarshshitona, xayto kaa'itha lalleeha pana qhoota xikkittona kasqinkadhde kaasqadhe a alkannaye.

- KOLLINSADHE**
- Mi'aadhe dhikko hoqhqhashshe sheeghaki qagha payni, Xeeru lallaaghamenna xulsadhe Xayititho qhami sheeghnennu pana pukkaqatte herenu he thiqthannanu na taays.
 - "Kaaamoole pana oofampakko" Mi'aye xikko ye alkasikki qagha payni Xayitudhdhe pile pile waarshshito tookke taaki lakkisa qhamu qakkanne kodhe a alkannay pana Xayitussana "laaghasso" k'aark'arsam Pako waarshshito kodhe a alkannay. Mi'aadhissa "shikkaarash! qhamunna paytinu ho xulsadhe alkannanki. Mi'aadhe mulluko lalleeha mulo kittaa xulleese thaahuusi upadhe

DHIHAMTADHDHE

- Mi'aadheesi qhorrate kittaa holas. Si'ilaadhdhe k'aark'k'arssa waarshitonakka xullees.
- "qhoota k'aark'k'arssa pile pile waarshshitona an kollanni. Waarshsho haani kitta'itha k'aark'arsampawwhe to'on to'on pana mulluko qaghe olho gheeqasay. Waarshsho haani the ghulattay ho dhikita kodhenu pana xeesno huusu ho thiqthami kodhenu ine mulluko ille qale kodhadhe inena gheeqama. Kuyyu waarshsho haanina kittatte Xayitudhdhe pile pile eeme pana gheeqase waarshshitoosi an xikkannaani
- Mi'aadheesi lakki lakki qhoota, "Kaaamoole pana oofampakko" xikkadhe (piritte achchankitoosi eemindha) "shikkaarash!" Haka a achchinti payasaasa lakki lakki kifile kaa'itha "oofamnanu" asas. "shikkaarash"
- Hasa payti payni Xayitudhdhe waarshshito qaghennu laaghammo kifilatte kaa'ithana mulluko to'okunkottay shikkaarashne.
- Xayitussa lakki lakki kodhdhettay waarshhitonu k'aark'k'arssa kodhdhe kaa'itha pareema xikkadhe isundhe gheeqasa, Lighnonu lakki lakkissay manne kollinkito kitta shikkaareeshe payni, kollisam Pako pana Mi'aye kodhdhettay xikkadhe alkanna, taakikolladhampawhe lakki kodhdhettay xikkadhe alkanna Mi'aadhe qhamunku xikkannennu tak'ik'a to'on-lakki saasa nu teex, ha atupeppay " Kaamoole thuusundhittay qhamu holle" pana laankakka karo Xayitudhdhe waarshshito kula qhamunku oofnennu kodhe.
- Mi'aadhe Xayitudhdhe hoqhqhashshe waarshshitoosi qhamunku eemennu xeeru salax-hxupin xawwa. Mi'aadhe Xayitudhdhe waarshsho huusundhina kaa'itha qagha mulonna qhamunku lallaaghamnennu aynate peelle peelle fe'eteesi tak'k'amadhe qhamunku alkannennu taakt Xayitudhdhe takkassa eemenessa nu qalli. Qhawho pukkaqatte pana qhoota Xayitudhdete payyonu waarshshidhdhe peelle peelle qhamunku kodhdhesama na taays..

KOLLO **Waarshshidhdhe Dhikita Kodhdhe**

GHYAPAYY	Xayto mooratte
ALAAMA	Qhoota k'aark'k'arssa pile pileetena are,waarshshidhdhe dhikita ghohise, alkastadhdhe kodhmo pudhunattena
XEERE	Tak'k'a lakki - hxupin
NAQNO PUDHUNATTE	Haka dhelle- lakki kulaqqitti
XYYTHO	Mi'aadheesi qhorratte kitta illaa holasenu xayto hxafna laaghghattenu, haatupettay pudhunettay kodhdhenu taaki haqisenu.
POOLETTAY	Mi'aadhe qhoorattatte kittatte qaghanu paay, nakala karo si'iladhdhe k'aark'k'arssa kaa'itha naa padhaawenu qhoota(isundhe pukkaqattenu maahxhadhdhe arnito gheeqasa.)
MAAXHXHADHDHE	Si'ilaadhdhe k'aark'k'arssadhdhe waarshshitona heye ikitoomme i haqise,hxormiththo, kapariththo, ho paastta fe'a, saallaafitto/ho taappo dhila, oofampako awtopisatte, taaki ighno tookko to'on waarshshito kittatte hi'ame gheeqasa. Payanna ni'aadhe si'ilaadhdhe waarshsho kaa'ithana .ghirranne arnito(si'ile aaki si'ile)
HI'AMMO SILMEY	Olho a eemadhi

ALKASTE



Nappape pa



nako



heenna
waarshshito

THAAYAMMIINE

- Si'ilaadhdhe k'aark'k'arssa waarshshitona kaa'itha kodhdhanki nna onke alkasamapa achchanko shettepa shambho illaa ghapeetettay qhamu kodhdhine theemmi. Dhukeema shette taaki shambho kodhdhe ye isundhe gheeqasi.
- .waarshshidhdhe mi'aadhe noosi kasidhdhayye xashshitte sheegha kodhdhe alkanna. Xeere qhoota waarshshidhdheete thorryadheenna qhamo amala mi'aadheetettay ille tamaakkadhe
- Olho gheeqasa mulo waarshshonu ho tik'ime teexa qhamu kodhdhi mi'aadhenu nu qalli. Mi'aadhe maala waarshshidhdhe dhikita ghohise qhamu alkannenu xulsadhe thuusundhi olho xeesay. Mi'aadhe k'aark'k'arssampawwhe pile pile waarshshito qale waarshsho kodhdhettay ghohisekollinko xeesay.
- A wo'a payni mi'aadhe hint'aadhdhe qhayttoosi pana xayithudhdheesi karo waarshsho huusundhi kula qhamunku lahxennu dhiktis .

KOLLINSADHE




- Pudhune dhamma pana xayto takkassa sheeti payni, mi'aadhe tookke tookke liixooma kodhdhe issi wo'a payni. kodhdhenu liixo dhikita qhamu sheeghe upadh.
- .Mi'aadhe k'aark'k'arssa waarshshito qharro dhikxeere payni, si'ilaadhdhe huusundhisa assaappo pileesi thunkunna hi'aannenu taaki pudhunissanu, peepko kodhdhe a alkannay. Haatupettay olho qhawittoqhoota gheeqame k'aark'k'arssa waarshshitona kolladheesi kodhdhe.
- Xayi qharra'itha pudhunettay lelleehe waarshsho yookisanna kittatte mi'aadhe ye taymadhonki qagha paynipudhunadhissa kitta qhamu lahxamne pana Pulthawhe huusundhi ilay sililaadhissaasi qhamunku kodhdhinenu kodhe. pudhunadhissay jama qhawtho kodhdhettakka qhamu lahxamnenu hela thaaya.

DHIHAMTADHDHE

- Mi'aadheesi qhorratte kitta holas. Xayi qharra'itha si'ilaadhdhe k'aark'k'arssa waarshshitona kollistiisi qhorakkussa kitta xullees. K'aark'arsampawhissa mi'aadhe qale eemma.
- Mi'aadhe k'aark'k'arssayye qhawto waarshshito qale ille arasa
- Qhoota k'aark'k'arssayye pile pile waarshshitona an kollanni. Waarshsho kitta'itha k'aark'k'arssayye tookke tookke pana k'aark'k'arssayye mullukko qagwe olho gheeqasa. Waarshsho haani miiri ho dhikita pana xeesno huusu ho tiqthami qhamu kodhenu ille qale kodhadhe ine gheeqasa. Kuyyukka qhoota k'aark'k'arssa qhawtho waarshshitona kaa'itha an kollanni.
- Xayi qharra'itha waarshshidhdhe a haqisiisi qhamu eemintekki a wo'i. Tookkito a kodhattikki kodhdhiniye, taaki kuyyanko payootatteenu ho eemma kodhdhinti. Waarshshussa eemindha pana waarshsho kodhdhenu olho kodhdhe gheeqasi kodhenuk'aark'k'arssayye waarshshito hinka qhamu ho gheeqasi assaapadhi. K'aark'k'arssayyissakka si'ilettay haqis. Naamakka hint'aadhdhe pile pilekka taaki onkaadhdhe waarshsho huusundhi kula qhoote gheeqasa.
- Padhaawwo pudhunadhde izzex - salax saama qhoota. Alkasama payni mi'aadhe xayi qharra'itha waarshsho haqisenu pudhune inna qaghetay qakkathees. Si'iladhissa kitta k'aark'k'arssa waarshshitoosi qhamu lihasnenu kodh.
- . Mi'aadhe kuyyanko pilenu paayyini k'aark'k'arssa waarshshitoosi karo si'ilaadhdhe huusundhi kula xulleesenuy ille qale qhamu kodhdhinenu dhiktis.
 - Xeere qagha payni, dhelle si'iladhdhe waarshshitoosi pukkaqatte thunku qhoottadhdheesa dhiktis.



KOLLO Paaladhde Mooyto?

GHAPAYYO	Fe'ammo	ALKASTTE  Nappape pa tooxe  pako  heenna waarshshito	
ALAAMA	Waarshsho haanina kittatte qhoota paaladhdeete ara, si'ile qaleema paasro qalli		
XEERE	Tak'k'a lakki - hxupin		
NAQNO PUDHUNATTE	Haka dhelle lakki		
XAYTO	Dhelle noosi qhorrate kitteema qakkadhenu xayto hxafna. Nakalemaka haqisenu xayto hxafna..		
POOLETTAY	Dhelle qhorrate dhamma kitteema laaghghattenu thunku qakkannenu kodhas. Emma kapay haqisenu laanka gharise alkasnanki .		
MAAXHXADHD HE	Mi'aye qagha mulonu wark'k'athepa maahxhadhdhe arnitoosi (si'ile taaki si'ile)		
HI'AMMO SILMEY	olho a eemadhi		

THAAYAMMIINE

- Qhoota thaayyito Pana xeere ahxkkatteesi qale dhelle noosi heennadhde dhikita kodhdhini taaki thayamiine Koro maraara kodhdhe alkasna. dhelle ahxkkadhde huusundhi qale xeere paaladhdeetena olhu hela thaayesi arasankinna heennadhde areesi qale theemmi. Xeere akkadhpa heennadhde huusundhi kaasqadhetay hele kodh. Talalenu xayto k'anpayi taaki xeere hinkannakka nakayhinkoosi mara'adhdhe alkasnanki.

KOLLINSADHE

- Pudhune dhamma pana xayto takkassa sheeghti payni liixooma xikkadhe isundhe hxaseesna. Hasi kodhdhiti payni kodhdhenu liixo dhikita thunku isundhe gheeqasa qara.
- Pudhunatte kittatte dhelle dhikita a sheeghti payni, thara thara tiraama kodhdhetay olho tookko kodhmidhdhe c'ikadheesi paladhde huusundhinu kodhdhe alkasna.

DHIHAMTADHDHE

- Karreesi qhorrate kitteema illaa holas. Kaasqadh,Xeeradhde perkkito kitate c'ikadheesi yaxa ye qhootte alkasna? Olho annaa hxasoonne perkkito olho qhawthitto qaghaa? Malsadhde dhelletesi kaasqadh. (malsadhdhissa nakala kitteema kodhdhe alkasnanki, dhladhe, perkkito qhawthitto, ramadhaane, xinte.....)
- Kuyyanko anna dhalatti kaanasena mo'o a kottii? Dhaladhe thaahuna qharra'itha mo'o ho dhakaadhaa? Xeerenaana? Haani naana mo'o ho dhakaanna? Xeere dhaladhatte a sheeghankunna pishkko haahundhina kittatte mo'o thunku hune dhakaadhi nu qhootte, holu pudhune qale thunku qhoottannenu kaasqadh.
- Dhelle "kuyyanko dhaladhatte pana kodhmidhdhe asapotay isundhe hxasesasi onkadhdhe pile pilettay kodhdhammadhe alkasna. Sele piraashe qhamo ilghe dhapettay (dhelle ilghe na dhapadhekki qagha payni isundhe kaasqadhe) taaki qhamo olho dhaladhatte kula qagha olho takkasa kula kodhdhe alkasna (hune muloote alami kula qhoota okaytennu uuma anhune kaanasi)
- Perkkito kittatte xeeradhde pileete paaladhdeesi kodhdhe. Isundhe gheeqasanki. Moonu paytikoroosi illeema holasetay hxasoosi taaki yookuntadhdheesi thunku qhoottadhdhinenu kodhas."
- Xeere paaladhdeete dhelle ahxkadhdhe huusundhi qaleema taaki pulthahwe huusundhi qaleema si'iladhde illaa holeesi thunku shiinnenu taaki thunku haqisennu kodhas. Dhelle noosi paali wo'e kodhdhe thunku alkasnenu nu qalli. Paaladhdeete kittatte kodhmu sheegheesi thunku mo'o kodhdhiisa thunku ho gallinennudhelleesi kaasqadh

KOLLO Perkko Qhawthitto

GHAPATTE	Fe'ammo
ALAAMA	Dhihakottay perkko qhawthitto
XEERE	Tak'k'a 20 - 25
NAQNO PUDHUNATTE	dhelle haka 20 saasa
XAYTO	dhelle qhorrankooma qakkadhenu xayto hxafna
GHRASSO	dhelle qhorratte dhamma kitteema qaghase.
MAAHXHXADH DHE	<i>Onke pilettay</i> : oqhahaye hxosti piyyatte sappeete laaghamti
SILME	olho a eemadhi

THAAYAMMO

- Qhamo hela thaaye pana ahxkke mu qalladhe yo'ko mor maallay xeere paalattena olho tayami ajajjo sheegheesara pana wo'ikonu k'aark'k'are gheeqasa. xayto pana theem tayenu marat'e alkannanku

ALKASTTE



Nappape pa tooxe



pako



heenna waarshshito

KOLLINSADHE

- Delle qhamu sorrinenu pana t'ille qhamo qhoottinenu dhiktise husi kodhmo hela thaayeete kodhe alkasnanki. Olho qhawthitto pile pile ille ghapisatte (qhamo pisito qhawthinkottay qhaashama shikkaaru kula.
- Dhihakko haka to'on saasa dhihepa dhiktise gheeqasa naqharray "t" paayyeete kaatta "hisi" hasi paye pana hisi payni sikaapoose piisi shikkaara payni payni patta tak'k'amadhe dhelle pudhdhune kitteema.
- Dhelle dhamma pana dhihakko pile pile sheegha dhelle yi'ito qaghana karooma qhoote alkasnanki. hupna pana arnno pana dhihakko ille kala pana dhelle xayto qhamu kodhdhennu ille qale

ACHCHANTIINE

- Napay, "pale tookke qhota dhaladhate mala qhamu kodhitisa anikolani. perema guyaqiko anadhalani qagha. inito gamatii? Perkko qhamo hani kuyaniko dhaladhate sheghi. paali Perkko qhawthitto ipayamit. piyye pirttoote kutapa kalaki lelehayiti kotisi anikoladhanina hela thaay?"
- dhelle qale lelehayita piyye pirttoote kutapa kalay lalaghami kaitha naholena emenu xeere takkassa akadha. husisi kodhenu woiko huusunidhitay dhele lakki kaasqadh (tookko qhamo piyate xayto tookkooma shikkaarapa qhamo pirttoote ilaghamatte qaaktiisa). piyye pirttoote ilaghamana paale perkko qhawthitto qhamu qaghisi dhellenu qalli. Napay, "Perkko qhawthittoosi kathankooma a gharisi."
- Napay, "Erkko qhawthawhatte xeere dhammana olho qhawthittoosi anna kapparaani. Koro dhamma paaladhdhissanu rookkiththe raqqadhe c'ike." dhelle qhamu qakkannennu kaasqadh, Xaysa tupay sorradheppa xarghge huusundhiisi qhamo rookkiththatte haqqila ghapadhe.
- Perkko qhawthitto kaanasettay olho illena sheegheesi illena tayenu kaasqadh.
- Napay, "koro dhamma perkko qhawthittonu olho gharisi qagha, he dhamma qhamo ine xayto kollinkito gharssanni kulakki gharssadhe."
- xeere qagha payni, to'on karo qhawthitto xikkadhindha. dhelle waadhattay qhamu dhihakko dhinnenu kodh, to'on, lakki, izzex, salax, hxupin,...dhihakko thappina hxafne payni pakusaasa "qhawthitto!" pay, apayni mi'aye tookko xaytussa qhawthittoosa thappi pay payni xikkito lihasa. Xaysa tupay dhihakkoosi to'onnu paayya. haki qhawho tookko haqni saasa xikkadhindha.

KOLLO	Ramidhaane
GHPATTE	Paaladhde kaanase
ALAAMA	Paaleesi kaanase hehihehikko xinpatheese
XEERE	Tak'ik'a 20 - 25
NAQNO PUDHDHUNATTE	Dhelle haka lakki saasa
XAYTO	Dhelle qhorrate kittatte tiqadhenu xayto nakaleema xayto xafnaasa haqise
GHARSSO	Dhelle xayto tookko ho dhamma kitteema qhamu akkannenu kadhana qharray si'ilissana qhamu naholleppa gharssonkinnu nu alkasamnay.
MAAHXHXADHDH E	Xeeressi xinpadhana k'allalettay eemne lighnonu xeere ghoraarannittatte ho xarghgho(miskkitonu si'li'ssaasi eeme) dhelle tookke tookkenu wark'k'athe pana maahxhxe hayyinkitoosi (si'iladhde taaki nakkarro)



SILME Olho a eemadhi



THAAYAMMO



- Paalissanna pudhune gheeqaasasi marat'adhe a alkasnay. Dhelle xibbhatheese gheeqaasay.(to'on ho huusundhi olho gheeqaasa kapa paale tinkakka payni pudhunepa he pare gharenu thunku kodhnenu ghoxadhenu ghoxatte heesay teexe alkanna .
- Qhoota hayyu pana qhoota ahxkke hayyuu dhihadhe dhellenu hibhadhe wo'ikito kodhe alkasnanki. Dhelle xakanakka payni kaanastte xeere thorritte qallenu hu yi'eesarenu theemme xikkadhenu xayto lighe kula payni holu qagha kula payni hu marat'adhe saama rakkona na okaasi payni fotho tak'k'amadhenu pana wo'iko huusundhiisi k'aark'k'are xeere hinkanakka payni nakayhikottay .

KOLLINSADHE

- Pudhunne dhammakka sheeghte pa xayitusa issi hokoxxi payni dhelle cheshe ma kodhana xasappawe kodhe alkasnanki qhamusa kula kodhe payni kodhenu hokoro rakkisa qhawo to'oy miintatte qagha kula hibbhadha .
- Xaysanna kollinko ye sheeghe payni olo lisadhe ghallese liqqayyito dhellenu hi'aase thunku theemminenu k'aark'k'ari paaleesi kaanasa liighnidhdhe ille ligha haqise husi mulona ghadheesatte tho'oke pukkaqe thuusundhittay wark'k'athe payni .

ACHCHANTIINE

- Ine qhoota paaladhdeete an qallannaani.qhoota oqhghayatte, piyyatte pana xyto talallatte thunku olho qawni kodhdhi saama yaxa ye qallina? (malse thuusu piyye oqhghaye kapa'itha laaghamte tootte hi'aasti)
- Paale kaanasatte ine tak'k'amnay pilatte qagha" napay. Xayna paale ramadhaaneesi ho kaanasna qaghaa?ahxkke huusu qhoota ramadhaanenna olho kodheesi ine qallina? Dhellenu malseesi yteexa ahxadhdhe hibhay ramadhaaneesi thunku kaanase pana ahxadhdhe pilekka thunku ye kaanasessa are gheeqaasa.
- Ho kaanasa qaghaa? Ahxadhdhe haahundhi qhoota ramadhaane olho tookko ine qhoottine alkasamnay? Dhelle noosi malse thunku holasnenu kodhas, ahxadhdhe hibhay kaanase alkasna taaki hibhay kaanase ye alkasnekka. Mo'okka qpanahikka!ramadhaaneesi kaanase olho gheeqaasa thunku kodhdhiisa dhellenu qalli.
- Pulthawhe huusundhi illay qhoota heenna huusundhina taaki kodhmdhdhe pileete illena laaghamnenu kodhase theemmi, husa heenninko payami. Dhelle thunku haqnenu isundhe kaasqadh, qhorrate kitteema tarro tookko tarrettay pana qhamo c'aamma qhawho ookkito kitteema qhamo xulleete kula kodhasay, yehyehinko payyo qhamo ramadhaane kula laalinko teexe payyo, napay. Olho a yiini olho dhamma ye qaghnikka yaxaaray. Remedhaane paray thunku a paayyini pana arenu qhoota leeqqito pana dhelle noosi olho gheeqaasa kaa'itha nu qalli. Ghandhaqqakooma xawthammiine leeqqidhdheeteesi nu haqis. Dhellekka leeqqo kalattay olho wo'enna si'ileesi thunku haqisnenu dhiktis.

Kollo	Idh (adha pana fit'ir)	ALKASTTE
Ghapatte	Paaladhde kaanase	 heenna waarshshito  Pako
Alaama	Eid kaanase, pulthawhe qale thorruiyadhe.	
Xeere	Tak'k'a 20 - 25	
Naqno pudhdhunatte	Dhelle haka- 20 saasa	
Xayto	Dhelle qhorranko kitteema qakkadhenu xayto gharra na padhaawepa lahxeese	
Gharsso	Dhelle illena laaghannanu xayto tookko hodhma kitteema thunku qakkannenu thunku kollane kodha	
Maahxhadhdhe	Olho a eemadhi	
Silme	Olho a eemadhi	

Thaayammo

- Pallisay pudhunenu ye gharitti payni kodhe xurre alkanna dhelle karo paaleesi kanasamitti kula (hohuusundhi yekodhoukikki payni)xinpatheese gheeqasa naqharray pudhudhetaty pana korito kittatte hunka kaanase thunku gheqasit wo'iko haahu.
T'ak'amadhe alkanna hela thaaye pana xeere ahxkatesi qaladhe pana dhelle dhelle tamma wo'ikotay hela thaaye koro rakisa. Dhelle ahxkadhe huusundhi qaleema paale kannasitatesi kodhkina hela thaayesi qhalladhana wo'iko hi'ase arenu theemma xeerte akitipa qhoota wo'iko hushni kaasqadhe theemmaynu huusundhiisi ka'rika're lelhe kodhammadhay seena payyenu pana hi'asenu xayto qhapay wo'ee payni xayto nakayikko kannasasi eemenu marat'adhe alkananki .xeere hinkanaka payni.

Kollinsadhe


- Pudhdhune takkasy taaki dhelle qagha payyini eemenu tataradhetay ashepa eemme yeallikani dhallimakko tookko qhamunkko xayto to'okko shikkaari kula qhamu dhallenu lellehe qhawosi laholetay dhisayne alkanankikipudhune izzex kadhe dhelle qakanapakifilatte kala lelhasi "akkadhe" qhaallitakko shikarana mi'iadh lalleha xayto dhelle nashikare manne kula ashse huusundhi gheeqasea .hatupetay qhaallitakkosi qalladhe qalkanna hatupetay qaqikko hxupin hodhikkita pana kasiqkidhe qale dhrle alikase payni xikkosi ohehe . . .

ACHCHANTIINE


- Dhellesi qhorratte kitta illa holasepa "heqhat'e hannina qagha pilakko paale gheeqasa edhi .qhamo Paaladhde pillawhe edhi akaanasi kula ahxkadhdhe hanni aeemanina pana aille qale qaghaninna honadhaxini" payya
- Kasqinko , "tayyo edhisi yaxaka payni dhihadhesi alkananki ?Dhelle mi'aye nakapa qakadhi qaleema thunku naqale qalanenu karikara thaayho edhisi ghappadhe .dhelle takkasa pudhdhune qaleemate thunku qhootannenu aakadha ahxkke tookko edhi okayyepa kaanasenu qhamunku allikane iare pana ahxkke pillawhe yekonenusi.husa hohxesa !
- Ahxkke idhen kinase ahxkadhdhesi eema.lalle hxeesay urkuyee,ano payni koro qale yi'ito hxesa ayi'i.ishudhesi ohgheeqasa .pudhunettay kodhettay edhi xeerena ollho tookko ahihe allikane asappikkotay ghappenu kodhani "yi'ito xxeere edhena ayi'ine homalla lighaa ?"Kasaqdhisa mallisadhe delletesi soqoqooy .mallisadhisa mulotte qhamunku aakatisi hela tayi."Antu inne qhamo hayyo edhena pulthawhe hannisi eemenu pana pulthawhe hanisi anna kannasinani paale tannisi akaanasinanni."Dhellesi pudhune lakkisa qhoota .pudhunne karro ghinntatte eemetay qhoorantay shikarenu kaasqadh .xikadhe taaki qalladhe .Qhaallitakko shikkaari tupetay qhooranittesy dhellete minte ita qhawho qagha qale ille dhughe gheeqasa .kasiqkadhe moullopana dhelle pulthawhe husidhi qale kodhetay kasiqdhenu mallse nutexe thupetay pana qalitakko ollho payna qhari'ta hatupetay dhelle pulthawhe huusundhinu hxupin texxe gheeqasa (texaxakko edhatte attexisi arasenusi)
- Kasiqikkadhe nahxullese allikasina
 - Ahxkadhdhe hauhudhi idhesi kanasaa?Ahxkadhdhe eemenu kifile ac'kate t'nkay ?Puthawhe asheeghaku xeere pallatena yi'inunaa ? Ho pareema hxasesa hinkkaa ?Dhelle
- Dhele pulthawhe huusundhiisi qhamu kulesinenu xeere nutexenu xikusi thetakassay xiketay qhamo ahxkadhe xeere idhina ile gulesekula.

KOLLO	Hooyya Hooye
GHAPATTE	Fe'ammo
ALAAMA	Paaladhde norisosi akaanasi henatay lakka payye
XEERE	Tak'k'a-hxupin - izzex0
NAQNO PUDHDHUNATTE	dhelle haka- lakki
XAYTO	dhelle qhorrate kitteema qakkadhenu xayto gheeqasa payyase haqisenu hxayto hxafna.
GGHARSSO	dhelle qhorrate dhamma kitteema laaghadhenu thunku qakkannenu kodhepa, naholletay gharriso thunku si'lissaasi alkasne Si'iladhde/mahxhadde nakarro pana dhelle to'okenu warik'atte .
MAAHXHADHDHE	Gheqo :haqisenu wark'k'athadhde takum kuytho sahanadhe wark'k'athadhde
SILME	olho a eemadhi


ALKASTE



dhihako pana arno



heenna waarshshito



Pako

- THAAYAMMO**
- Pallisasi pudhnadhenu yeghary payni kodhepa hxure alkasnanki palladhisana (hepukaqqe tusndhena yekodhokiki payni) lihase ollho gheeqasa naqharray isosi eemana ghoxatte tususi ta'k'amadhe alkasnanki . Paaladhde akaanasi pudhunnetay paaletatte aeemana oghaqa.
 - karre taye pana qhootta ahxkatte qaladhe dhellenu henadhe koro tema nuoghase alkanna .hella tayye koro marrasi oghse alkasnanki. dhelle ahxkadhdhe husindhi qaleemate xeeradhe Paaladhdhetsi kuyaqqiko nahi'asini, heenna hia'asesaresi teemina .qhootta si'ilatte kaasqadhe theemmaynu xeere nakippa ollisa naqaghei ka'rk'aray. Senna payyenu pana hi'iasenu xayto ka'ppayasa wo'ee payyini xakanakka payni.

- KOLLINKO**
- Apayni dhele miri naqi payni pisi xayto qhac'adha payni hitusi piyema qakatesetay qhamu hxasonenu kodhi. hasi kodhammati payni, kodhimo dhikita piyisanu qhamukodhi ema.

ACHCHANTIINE

- Napay, "piye qhat'e thanina pale gheeqasay pile hoyo hoye. qhamo paaladhde hitu kula, palete norwuzna ahxikadhehanisi Xayito tookkomi okasit. hoyo hoye xeere Perkko qhawthitto a kaanasi."
- paynia, "pudhine thanina hoyo hoyisi akapara qaghaa? ahxikadhe hoyo hoyenu godhesi inesi qhote aliganaguu?" dhele qhamu qhotinenu fak'adhi. Ahxigadhe toge toge hoyo hoye akabare qhamu alikase bana hitu qhamu yalikase arra. husa pare!
- Bayina, "hoyo hoyate, ahxikadhe pugaqate pugaqate kanasaniki pa guyaqe qhawutawuhesi isi kanasa. qhawutinigosi akanasanina naso qhamu qhawuthumi alkanna. woiko qhawthitto mo hune dhakadha?" dhelle qhamu ila lakamepa toruyadhonik nu kaasqadh.
- paynia, "gharssu woikito pana woiko qhawthitto qhamu hxaso ine dhakaninuki kodhi. pukaqate woiko qhawthitto qhamu ine dhakaninu sane pile pile anisheghine. naso hani gharssadhenu sano tookko kariqito dhohisise pana fuke." kariqito dhohisise koladhapa Xaysa tupay mi'aye izzexsi qakatanema qakatesi.
- paynia, "xeere tookke tete parisopa olho qhawthitto apaqhenu koro anijhalani qale anilikani, anihiripani, anioshani, qhalitako aniqhaladhani,...."
- Ahxikadhe olho hoyahoyenu kodhe mahxatho 7 dhele qali. pudhineka hoqale haka 7 sasi dhihita. Payana, "kuyu qhamwa hxasonaninu olho 7 apayni qakatane hani anipusinani." dhele qhamu pulthawhe huusunidhi kula emadhininu kodhapa olho tookko apayni laki qhamu haqisinenu/shinenu ha qharra'ita hXayisinko qhamu nudhakaninu qalli.
- arno nuqhoti. dhelle t'arapesadhe sapa kodhi alkanna. olho 7(korosi nakodhe alkanna) woyi lelehayitidhe (karqiththo dhohsadhe pana fuke nakodhe alkanna) dhakini thuusundhina qhamu hxyisiniko nudhakaninu kodha. (ghape: husi dhele puse yakashiko 7 hoyahoyatesi qhamu haqinenu yet'ak'ami. husi hu dhele hXayisinko nata nudhakadhe alikaninu olho 7 qhamu qalinenu kaasqadh.)

KOLLO	Yazidhi Perkkho Qhawthitto
GHAPATTE	Paaladhde kinase
ALAAMA	Yazidi Perkkho qhawthitto akapari, qhawuthiniko
XEERE	Tak'k'a hxupin - izzex0
NAQNO PUDHDHUNATTE	Delle haka- lakki
XAYTO	Dhellenu xayto ghari qhorite kita qakkadhenu. Nakalaka, k'alamenu xayto ghari.
GHARSSO	Dhelle torenu qhorite dhamma kita qakatesi, silesi naholepa gharise alkanna.
MAAHXHXADHDHE	Dhellenu karise(mi'aye dhumanu topo gheeqasa) mahxadhe k'alamate pana ikaxepa ukaxadhe (xikkito pukesa pukesyui alkanna). <i>Ghapadhe: mi'aye dhumanu ukaxite xikkito gharisenu marat' payni apayni podha payi kuyaniko salaxi naqharitha godhe dheleka shine qharitha qhamu haxawunenu kodhe. .</i>
SILME	Olho a eemadhi

**TOOXI**

- Paali pudhinissanu yegharu payni, ghodhe hxure alkanna. dhetesi karo paalatne a kaanasisa(nenuusimidni yekodhonik) arrase heqasa, naqharinitini pudhinate pana paletate kitate paaladhe woyuma hinika qhamu kodhesa marat'etay wusane t'ak'amadhe alkannay.
- Qhota olotutu illena thayete pana xeere ahxipate dhelema hena magha ogasi aligkana. Dhelle ahxikadhe qale xeere kaaladhetena olho illena tavesi imaramara pisiachchana, heni hiasesi arre thema. Hena huusunidhi kaasqadhenu pana dhehamitenu xeere texi. Talalenu xayto qhamikaye nanaqiti marat'adhetay nakayihinikosi marat'adhe alkanna.

Kollinko

- Xayto qhac'a pana pudhine dhamma kasheghite payni dhelle tookke tookke piyema qakadhetay hehxasodha kodhe alkanna. Hasi kodhiti payni, kodhimonu piye dhikita qhamu sheke nuhiasi .
- Mahxadhe kadhapenu apayni yekariti payni dhele woyuma qagha payni rehapa "hoshalale" alkasna xiko peelle xike. Pulthawhe huusunidhina topo "asipite" tayi kayini qalo qalapa kodhimusasi pusulo qale pana perkkho qhawthitto qale ghaketay "hoye shalali" kodhi alkanna.

ACHCHANTIINE

- Dhellesi qhorite kita holasi. Napayana, "koro dhammanu paale pile thewoyayi perkkho qhawthitto yazidhe. Kaasqadh, "kasati qhawho paale yazidhesi kanasa qaghaa? Ahxikadhe hahundhi perkkho qhawthitto yazidhinu olho kodhesi ine qhote alkannaguu?" dhelle qhamu holasinenuk. Ahxikadhe tookke tookke tookke perkkho qhawthitto yazidhisi kanase pana hitu qhamu yealikasesi iarre. Husaka iwoyaye!
- paynia, "perkkho qhawthitto yazidhi pusulito akodhi. Ahxike yazidhi xeere dhammayi perkkho qhawthittoosi kanasa. Koro dhamma paalis qhamo dhalote a kaanasi kulakki payotate kaanase."
- Dhelle qhamu exe t'ipinenu kaasqadh. Kaasqadh, " ehxesi at'ipitina olihp pusulo qale ghapamisi dhihadhana mo ahiti?" dhele sekenidheto'on-lakki saasa ehxe t'ipe tupay dhelle qhamu holepa emadhonikinu kodhipa pulthawhe huusunidhi qale huhiasi toruyadhe.
- perkkho qhawthitto yazidhina upkaxe shinetaba xet'osenu qhawuthiniko qale tayimasetay qhamukodhisi dhellenu qali. Kaasqadh, "qhota ukaxetepa aghete mo aniar?"(holase karayi: miadhe aghete ukaxeti okaye.)
- Dhelle kuyu qhawuthiniko kaanasenu ikaxesi(piye kapa-kisa kanasitate) woyi ukaxe xikidhetesi xet'osenu qalli. Hasa napayay, "hena hxasito pana qhawuthinikitosi sanite awotitay ikaxikosi/ukaxe lihasetay qhamwa hiasiti awoi. Qhawuthinikito, pusulito, paletate woyi hehxaso qale tayimadhasi shine alkanna. Ikaxe hune dhikadhisi/ukaxe qagha payni kaanasenu oshoniko sapeitha anihiasinani!"

KOLLO
Xinte

GHAPATTE	Paaladhde kaanase
ALAAMA	xinte kaanase,yehyehinko
XEERE	Tak'k'a- to'on - lakki
NAQNO PUDHDHUNATT E	dhelle haka -lakki
XAYTO	dhellesi qhorite ghariti kita qakatese.
GHARSSO	Dhele qhorite dhamma kita qakadhe gheeqasa. mi'aye dhumanu sat'inadhe takuma, kire takkassay(xarikahusa hipadhi)
MAHXHXADHDF HE	kirisasi sat'ine kita, kaset'adhe dhamma qafetay(miadhete dhihakko laki qhariqila harigho laki hiase).
SILME	olho a eemadhi

ALKASTTE


heenna waarshshito



Pako

TOOXI

- sat'inesi aqhashi tupay dhelle kaset'asi qhamu oshine kodhas .
- paletate woiko hisisi kanasetay, ghupadheta pana xinipathesenu itile t'ak'amadha.
- paali pudhinisanu yegharu payni, ghodhe hxure alkanna.dhelesi karo paaladhe a kaanasisa(hehuusunidhi yekodhonik) arrase heqasa, naqharinitini pudhinate pana paletate kitate paaladhe woyuma hinika qhamu kodhesa marat'etay wusane t'ak'amadhe alkannay.
- qhota olotutu illena thayete pana xeere ahxikate dhellema hena magha okasi alkanna. dhelle ahxikadhe qale xeere paaladhetena olho illena tayeri imaramara pisiachchana, heni hiasesi arre thema. hena huusunidhi kaasqadhenu pana dhehamitenu xeere texi. talalenu xayto qhamipaye nanaqiti marat'adhetay nakayihinikosi marat'adhe alkanna.

KOLLINKO

- Xayiis ak'upisi dhelli lighana qhamu hiripinenu kodhe theghulaki dhikitise alikasiti.
- qhalitakosi dhigisana mi'aye dhumay k'upayniakusasi tara tookke tayenu xeere texetay tema. qhamu dhele iye kula dhihakosi thara lakika mariiti payni, mi'aye dhumay nipipire laki rope gheeqasa.

ACHCHANTIINE

- Dhelle pudhunne pillatte kita illa holasapa “pillakko ghifasi koro tak'amadhi paale gheenay anapayyi “
- , “Husi paale gheennay hekannasa qaghakkii? Peelle ghenanu ahxkke hollo kodhe inne qaleema iqhootadhinne payni? Mallise dhelleete dhellenusi fak'adhe.ahxkke tho'oke tho'oke ghenana kaanasenu qhamnku alikane pana ahxkke pillawheholu he kanasa thunku alikane aridha .husa hohesa !
- , “Kenna xeere oyppakkitonaki a kaanasi. Perkko qhawititisi kaanasenu it't'apaale kennay ahxkke qaleemapa helliho qale kodhetay xeere annakaanasini. Kannasitte ghenay koro pukkaqe pukkaqema illena laghadhetay pana xeere rehametay likasetay ci'kino hi'aase .pillakko huso hukodhe alikani onke tinkay ?
- “holakanta pulthawhe piilakko pana pishikkitto kittatte hoasiqhadhasi pillawhe hoxeesa akodhi pana het'nno hokodhen hoqhoote .ipayye dhelle takkasa he latui hetexxe wo'iko husidhisi thunku hunne qhootinnenu nakaasqadha .
- Ho Ghaset'atay amari marrakko lihasipa naxxikadhoy pa xikko huahusi naqisay Qhaallitakko shikarana mi'ayesi marakko ghappadhi texxakkusana shakkile to'otte pati'a ishighe usso gheeqasa. marrakkusa ishigana ille qale ishighe gheeqasa ollho innu kannasine yeqaghi.
- Marrakkusa dhikkatatte aqhachchana dhelle surusasi thunku llighinne kodhe mi'aye k'ulife to'otte thunku tayninu thunku shappame gheqasitinu mi'adhenusi nuqhashi maghinntte tusudhisa qhamo lotookkate kula porsa usundhi illay shappa pana ollho pilakko Shalala ellay shappaku .k'uifesi illay hXayithu naqaghe illay ghaqakku.pukaqqe pukaqqe tusudhina hexeesuma .

KOLLO	Xinte
GHAPATTE	Fe'ammo
ALAAMA	xinte kaanase “qhawitikko”
XEERE	Tak’k’a-to’on - lakki
NAQNO PUDHDHNATTE	dhelle haka- lakki
XAYTO	dhelle pudhunatte kittatte xayto naqakanesi nakaleema nugharisine.
GHARSSO	xayto tookko ho dhammasa pudhunatte kittatte iqaghi .taaki yesihaqise
MAAHXHXADHDE	olho a eemadhi
SILME	olho a eemadhi



- TOOXI**
- Pallisi pudhunnenu hogheeqasa yekodhu payni kodhenu maratte alkanna mi’adhe paaladhdhessi Paaladhdhette hi’attese parre ho pukkaqe tusudhina kikki kapay hunkasika pallatadhe hegheeqasa thunku kodhesa ghohxadhenu assapo xeesa ghoxadhe gheeqasa .pudhunettay pana paletettay.
 - qhoota asapito pana ahxkatte xeere qale mi’adhetay hokoro theemma wo’iko oksse alkanna. dhelle Lighno ahxkadhdhe qale kuyyaqakko paalattena hela thaaye hehia’sasi wo’okidhe arenu theemme kaasqadhe theemmaynu xeere akke qhoota wo’iko husindhinu pana k’arik’asa kodha fakkaxisso payyenu pana likasenu xayto ka’nipay wo’ei payni xeere hinkanaka payyini eeme alkanna.
- ACHCHANTIINE**
- Dhakkinttetay illena rehhe xikkitto hoyye alikany mi’aye payni xikkusasi xikadhenu hokappami xayto kappami yekodhu payni gharise alkanna dhellenu nakapa lighino xakaytatte thunku haqisinenu pana shinenu kodhettay lellehe pile gharries mi’aysa dhokitorrito kodhinninu ka’rka’re .qhoota xakkaytatte pana qhwitinkito

ACHCHANTIINE

- Mi’adhesi pudhunne kitta illa” holasittepa koro ghifanu Paaladhdhe gheeqasakasqinko xintey”
- Kasiqqnikko , “hasa yaxxaka payni paale fasikay kannasaa ?ahxkke fasika kodhas inne qaleema kodhanaa ?holase mi’adhette kodhaa ? ahxkke hayyi paale fasikasi akanasani pana ahxkke pile kinase yeallikane agharray .husa hoxxesa !
- kuyyaqikko shipakkitona heqqe hokodhi xeere shipakkitona alaam kuyqqkko irawto pana kuyyqqakko oshokkitona lakka hollepa dhalladhe xeereisan dhelle laghaminnakkipa mennadhe qaleema kannasinenu kaasqadha kuyyqakko shipakkitona
- payyi, qhamnko hXayisikko piyyete kula hokodha .dhelle kuyyi hirripkko xikadhe ghe’tte lakki dhellesi pana dhelle lakki “xakayytte” tnku kodhinenu kodha dhelle telle mi’adhetay ohame nagheqama .mi’adhe shippakkitona tookko ghoqesi lehisinewa xhhrasetay karo dhelle asipitatte oghayye huusudhena gheqama . qhac’itti paqhamo oqhayyatte.
- Xeere lakki dhelletesi xikko ohana xikkusi ashassina .

KOLLO	Paaladhdhe akaanasi
GHAPATTE	Fe'ammo
ALAAMA	Paaladhdhessi akaanasi koro qale kinase
XEERE	Hxupin - izzex0 dhek'ik'a
NAQNO PUDHDHUNATTE	Dhelle haka -lakki
XAYTO	Dhelle qhoorannitte kitita ollho allikane xayto gharrasa xayto aqhoori kitasa kodhmo pudhunattesi kodhinakki.
GHARSSO	Dhelle xayto tookko dhamma kitema qhorranko thunku illena lakannenu ille kappa qakatesapa hatuppetay naholankupa haannay gharriankupa pudhunettay qakattesaku .
MAAHXHXADHD HE	Hollo k'onnippadhe salaxilasittike salasxi kula pareema appulli atho pudhunnisay qawinni salaxi dhelleeteu xarghghe komay to'on pana lasitike izzxi nuqhooti.
SILME	Olho a eemadhi

ALKASTTE

dhihakko pana arno

Pako

TOOXI

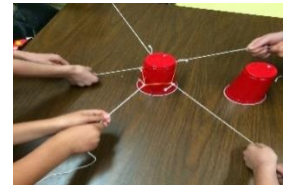
- Husi dhelle qaleema pudhunatte kitteema tinkku naqale kodhinenu kaasqadhetay ogheeqasa allikasunko xullettesi naqisetay kodhmo ohtheemma kodhe gheeqasa .ille qaleema xeere kodhinesi pulthawhe pudhunatte qaleema ille xulletay thunku ille qale kodhe alkannenu pa k'arik'arsa thunku nutexnenu kaasqadhe theemmay alkanna nama itta dhellesi patties pattaysise hogheeqasa qhamonko kodhinu hela thaaye gheeqasa .mulo qhamo qhawho maxxii kula asappo illena lakadhe pana pukkaqe pukkaqema horrito anutexana kula are gheeqasa .
- Pudhunne pulthawhe hahudhina heghoe alkanna illay dhelle ghohe alkanna ihaqe .pullto ana padhawi kaqasay xayto sheegha hunikkanukka pana mulonufarajje qhawitito akaadhe thunku akkadhe ye gheeqasitnu are gheeqasa .hoille lighatay qhamu pullitakko took asheghiti kula hela thaaye husa hoxeesa qhamo qhamme takuma pullitawhatte kula hoxeesa .kapay payyotte pulitakko rakko naqakki kodhe gheeqasa .

KOLLINKO

- Maahxhxadhdhe pile hunne qhamo gheeqadhe sholloay widhidhire lalalghamatte allikasma dhelle paudhdhune lakkisa qhootha .ibhbhitte gharrisenu pudhune dhaghappe gheeqasa. Pudhunisana kittatte dhelle lakki laxxe illa taymase husndhena gheeqama pana xayithusa athooxisa karo xullesatte pana karo konnakonay here huusudhena gheeqama henakala qagha tullulletay ashse huusudhena gheeqama panadhelle mullisho xikkusasi xeere tayne toyyo hoghulla theemme qhamu kodhinenu dhelle konakonaye holle alkanna .hxafna (nakayihiko huusundhi tiqitame nagheeqasa).
- Xaytosi illena eemadheattena pile illena kolladhe dhellesi xayto nukodhe pana koosesi mi'aye to'konu karo tookko kula hattappe kodhe alkanna qhooratteatte nakaritonatti illa shapaminapa qhootha to'okukosi hec'ikadhasi ollho tookko illena qhootadhetay pudhune haki qaghisappa iashashase pudhunne lakkikay maallay xayii tupetay qhamunku tookko hodhaqamma kulla qalitesi allighane.

ACHCHANTIINE

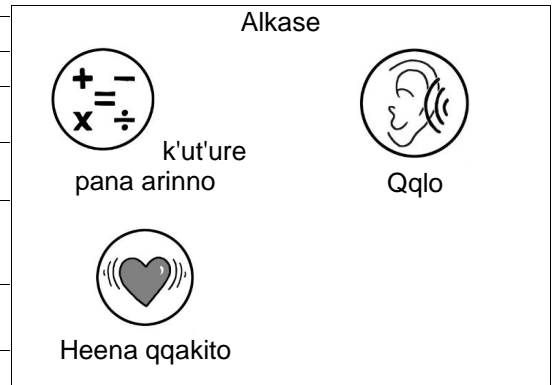
- Payyi, “qhoota kodhmidhe kollinkito aka'rka'apa dhelle husso padhisi hecodhatte thunku allinenu kaasqadha.mi'adhe tookko tho'oke paalatte ollho akodhisi mollosi allehisinati tayamadha qhamu kodhe alkannenu pana pilawhe hetaksa na'a naokayepa qhamu allikanenu yella appqhasidha .palli kannasittatena mahxhxinaitetay naholley. Qhamu gheeqasitti kula
- Payyi, “kuyyu pulthawhe qale ollho akonisi kodhmo pudhunatte akaanasinani hellitawhe pudhunne tanninatti hellitawhe asheghini payni qhamnuku ahe ta'rata'ra pudhunne inne ka'rika'ray kasheghini.xeere tho'oke tho'okehotakkassatay aqhat'amanni qhankko tookko kula na'a asheghini xeere kaqasay hellie qhawito akodhanepa pudhunne tannia kittatte koro at'iqansi kodhadhenu akodhadhani dhikkitno koro ille c'ikadha kulla thunku ashshaghine kula akannani pulthawhe qaleema akodhinannipa kodhadhetay alkannani.
- Payyi 'dhelle karo qhawosina kula thunku rannenu ahelani.dhaliotte qale pana qhamo kodhmo xeesa kula anuqallntte helliho husindhinu ka'rka'rsa hi'ase .
- ,kuyyu “olloku tookko anikuppanani hela thaayeya .”
- Dhelle lasittikadhe pana mahxhxo kommasi nuhi'asa t'natte xarghghetaka pana ollo pilakkottay kohxhe tunu allikasamnt dhellenu qala ho pishikko hudhina arnoosi pana sheshema ranni payni mi'aye mahxhxatho kommayqaleema hei'lla ca'qhalle qhipampako ghadhenu malla qhamu ille qale kodhinenu hi'asepa husisi ta'k'amadhapa lasitikadhe haqisepa pukaqqe pukaqqema xawitadhe (kiketay).
- Mahxhxo lasitikatte illena rehame pana hatuppetay karo lasitikadhe pana karo kasito holasa –wo'anke pani mahxhxtito kittatte hi'asenu thunku ka'rka're hehasa hettehxe kaasqadhe theemmay alkanna dhellesi pudhunne salax liqakkoma lasittikke lakki ille dhoppenu pudhunnetay kodhinenu ka'rika'ra



KOLLO

Axhike kanasa

GHAPAYYO	Fe'ammo
ALAAMA	Axhike kanasa, heena qhoota
XEERE	Tak'ka lakki- hxupin
NAQQANO PUDHUNATE	Haka dhelle -lakki
XAYTO	Dekarre kipepate kitate xayto xhafina naala, salenu xayto hxafna
GHARSSO	Dekarre lighadenu kipepe tookke dama kita qhamunku qakane godha pana qhamunku sale nukodha.
MAAHXHXADHD HE	Mi'aye pukaqte salenu/maahhxadhdhe salete pana warik'ate tookke
SILME	olho a eemadhi



THAAYAMMIINE

- Qhoota olho hgharra hela thaaye pana xeere ahxkate qaladhe olho hgharra hela thaaye heena kora fatana okase alkasna olho koro asanisa hela thaaye dhelle axhike qale xeere palatena olho lighi tayana, Heennadhdhe hi'ase arre mokora pana qhoota heena kaasqadhe theemmaynu xeere aka pana isundhesi hala kadha. Huneta heena huusunidina hoxhuranisadha pana hela thaayenu xayto k'ampaya gheeqepayni xeere wo'ena xayto nakayihinikito emenu marat'adhe alkanna.
- Lelehi pudhunenu likemale heena kuli dhakadhi payni, soradhenu wusane texe alkanna. dhelle pudhune tahuna kitate qagha likema qarre.

KOLLINSADHE

- Pudhune dhamma pana xayto koxhi sheghiti payni, dhelle tookke tookke tookke karitadhe umana ilqqakko hgharra kodhenu hexhasodha kodhi alkanna kodhe payni, ilqqakko kodhenu koro rakisa qhamunku qakiti arakakare. Napadhawenu maahhxadhdhe hetakaya payni pana pudhune dhellele dama payni dhelle pudhune salax hxotemaxe qhootadhene alikasamina.
- dhelle heenatay xulsadhe pana onkadhdhe rafisate hgharra kodhimu nawo'e payni xeere aghe takayay hok'ampaya ghanidhaxhise woyi kariqito nasise.

DHIHAMITHADHE

- Dhellesi kipepe kita holasa hasa napaya"hxata paaladhdhe dhamma anikolani hukodhe ine keqsit paaladhdhete keqasa tookko axhikadhe hani ana kaanasinani, axhikadhe male inne koneni axhayi karo pulitakito laghamipa hxata axhike huusu kapi'eta olho tookko qhoota. Dhelle laghamepa hxamiku hxotine fak'adhe.
- Hasa napay:-"axhike hayu like male heqawuni k'ane tookke tookke k'ayarama dhamma woyi takkassa kodhi alkasna k'ane tookke tookke axhikadhe qale ilegharrani k'anu pile ilepaxani, k'ane titu axhike adissema laxhamin husi xeere kodhina anixhasodhani woyi asanisa olho xesa heena xhasito woyi asanisa pulitadhe pana warisho qagha.
- Dhelle heena xhasito pana asanate shikarashenu onigadhe t'ak'amadhe tookke tookke tookke qhootadhinanu dhikitisi"inne muluko heena k'ot'at'arenu onike pile pile qagha. Xeere tookke tookke kariqitoy nasadhe pana pinighesi kolladhe anic'ikadha" dhelle kariqitoy nasadhe kolane mara'e nakalaka mi'adhe mara'e. Qakatine k'alale izzex.
- Xeere qagha payni kodimo xarghghete it'uyisi hxote pana hxawuhu c'ikadhe(yaxanuka) karidhe nu'umenu dikitisa dhelle monu hxawuhusax dhaxhe hi'asenu misile hxawuhusana qhamunku sale woyi pukaqte tusunidhi hxawuhusa qale qhamunku sale dhikitise alkasna.

KOLLO	Pale Dhifati Hxashi
GHAPAYYO	Fe'ammo
ALAAMA	kanasite hgharra warisho hele
XEERE	Tak'ik'a to'on – lakki
NAQQANO PUDHUNATE	Hakka dhelle- lakki
XAYTO	dhelle kipeppe kita qakadenu xayto xhafina
GHARSSO	dhelle kipeppe tookkee dhamma kita qhamuku qgakanee kodha
MAAHXHXADHD HE	olho a eemadhi
SILME	olho a eemadhi

Alkase



Heena aakito



Qalo

THAAYAMMIINE

- Husi waarshshito kitate hogheeqasa maallay lelleehe palate qhamunku konne idhile. Xayina dhihamite kodhimtona kitate kodhimidhe pilawuhetay pale yek'upamu qagha wo'apayni lelleehe hxawutite ak'adhenu husisi likinonu t'ak'amadhe pale kaanasenu "rakko hxawuhito" lelleehe qawuni ak'adhe alkanna heghare kodhenu hxari'eta ak'atadhese arakakat'a.
- qhoota olho hgharra hela thaaye pana xeere ahxkatte qaladhe olho hgharra hela thaaye heena kora fatana okase alkasna olho koro asanisa hela thaaye dhelle axhike qale xeere palatena olho lighi tayana, Heennadhdhe hi'ase arre mokora pana qhoota heena kaasqadhe theemmaynu xeere aga pana isundhesi hala kadha. Huneta heena huusunidhina hoxhuranisadha pana hela thaayenu xayto k'ampaya gheege payni xeere wo'ena Xayiyho nakayihinikito emenu marat'adhe alkanna.

KOLLINSADHE

- kodhmusaa mi'aye pishkottay okaye ye'alikasin qagha payni dhelle pale qale silite arnottay iletay qhamunku kone kaasqadhe theemmay alkasnay. Palisay akollisiti huwo'e muluko kaanasenu pukaqte tusunidhi liginonu hi'ase alkasna
- Hokoro tayisa pile gheege payni dhelle hahunidi kodhimutay qhoota emite maallay woyi hxoti wo'e paaladhdhe mulo eminanu dikitise alkasna.

DHIHAMTADHDHE

- Dhelle kipeppetay ilema holasa Naay"qhoota paaladhdhe dhamma kapi'eta anikolani". Dhelle hakka kuyusa kanasite paaladhdhete akolate qhamunku hela thaayeine kaasqadhe theemmay. Payye"ilekanasetay anikanasanina dhakinite tanina mo'ene dhakadha?" dhelle hxawuho nakapa qakadhi kula laghame pana qhamunku hxotine dhiktisa. Napay"ine pala peelle anaqaghini-----pudhune tanina kitate-----hokanasa qaghaa? Ho'arinisi hxote alkasnani? Axhikadhe tookke tookke tookke -----kanase qhamunku alkasna pana axhikadhe hituy qhamunku kanase ye'alikasine arre husi mo'oka qanidhii? Dhelle pudhune qale qayidhima pukaqte pukaqte ilehxotinanu dhiktisa mi'adhete hasa napay"kanasite paaladhdhete hinikanaka heximipadha tookko axhike, pulitadhe pana warisho ilema hole kulay. Husi kuyuy pale mulukonu dhughe iledhohxe kaanasenu warisho hani qale ilema hole hxamuko"rakko hxawuhito" xiko ani'elema holani anixikanan. Dhelle pudhune hxupin woyi thappinu hxote. Pudhune muluko kipeppate pukaqte pukaqte minitema hashito hashitoma qhamunku shikare kodhe hxawuho mulo harigho tookkosi qhamunku lihani pana harigho hxawuho tokito ghayasi naghapininu tisase nutexe pana pilawuhesi harighe huusunidi qhamunku lihisane nuqale pana pudhunate hxawuho tokito harigho hasighaya naghapa dhelle harighe yehela xhurunigina pukaqte tusunidisi "pulle" gheegeqasa.

KOLLO	Mosayik kanase
GHAPAYYO	Fe'ammo
ALAMM	Pukaqte hela arase qhoota arinito qale atta qali
XEERE	Tak'ka a lakki - hxupin
NAQQANO PUDHUNATE	Hakka dhelle lakki
XAYTO	Dekarrenu mosayik umenu xayto xhafina
GHARSSO	Mosayik umenu dekarre pudhune pudhunema karise, husi qawuni woyi pudhunettay kodhi alkanna(hxamuko maxhate)
MAAHXHXADHDH E	Warik'atadhe k'alame dhamma sheegha hekaqame, muc'a.
SILME KILIPE	olho a eemadhi

Alkase



Heena qqakito



Qqlo

THAAYAMMIINE

- qhoota olho hgharra hela thaaye pana xeere ahxkatte qaladhe olho hgharra hela thaaye heena kora fatana okase alkasna olho koro asanisa hela thaaye dhelle axhike qale xeere palatena olho lighi tayana, Heennadhde hi'ase arre mokora pana qhoota heena kaasqadhe theemmaynu xeere aka pana isundhesi hala kadha. Huneta heena huusunidina hoxhuranisadha pana hela thaayenu xayto k'ampaya gheeqepayni xeere wo'ena xayto nakayihinikito emenu marat'adhe alkanna.

KOLLISADHE

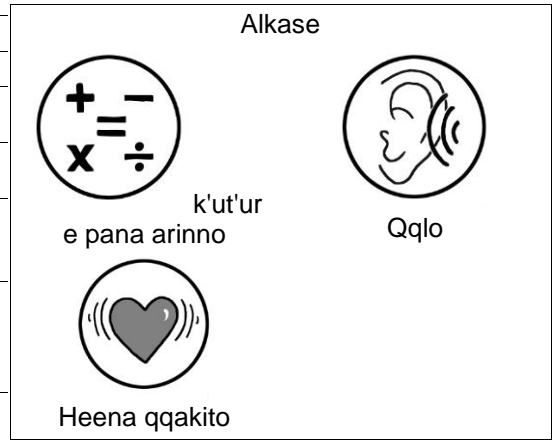
- dhelle mosayik umine kodhenu warik'ate k'alame dhamma sheeghay yeqakiti payni maxake salenu woyi salenu it'ose alkanna.
- Pudhune dhamma pana xayto akoxhi asheghit payni dhelle tookke tookke tookke ilqqakko hgharra kodhenu hexhasodha kodhi alkasna hasa payni kodhenu ilqqakko rakisay hxamugu sheghe arakakat'e, napadhawetay dhelle muc'a woyi warik'ate kaqamit hxote wo'e payni dhelle gharisetay pudhunettay k'alalay maxhadge hxotenu k'arik'are alkasna.

DHIHMTADHDHE

- Dhelle kipeppema holasa hasa napay paaladhde dhamma pile pile animaramari kanasite palate piye hxat'ate akale tookke hxawuho mulo kanasa ano exhe t'ipitipa qhoota paaladhdehete anikolani tak'ik'a tookkooma hela thaayeinanu awa'a" napay exhe hahunidhi k'upame pudhune qale xeere it'ana qalate kanasite palate tookko tookko qala. Hasa napay"exhe gahu k'upaneha palate xeere xhasito hxamuko emitit hxamugu mokoriti awo'e aha athoo? K'alamadhe mala ligha emitit? K'irit'adhe mala lighaa? Paladhisa mo'oo? Dhellu asiginiko mulonu sajanidhe takkassa kita qhamunku ghayine fak'adha husa maallay xeerisa a kaanasi k'ami payetay qhamunku asapane holase ye'usunidhe gheqasiti. Dhelle exhe huusunidhi qhamunku hxashine kaasqadhe theemmay" hanitu pukaqate wadhikotay hi'e hanaka uminani" paye. K'alamadhe dhamma xesosa warik'atadhe initawe dhellenu it'ose warik'ati t'ak'amadhepa hu'asapadhesi kanasite palate lighino mosayiki nakapisininenu dhikitisi woyi kanasite palate milikite (leqito leqito woyi dhaladhate moki)

KOLLO Lighino Nu'uma

KHYAPAYYO	fe'ammo
ALAAMA	Lighino fok'adhete
XEERE	Tak'ka to'on - lakki
NAQQANO PUDHUNATE	Dhelle haka - lakki
XAYTO	Dhelle kipeppe kita qakkadhenu xayto hxafna. Nakala lighino uumenu xayto hxafna
KHARSSO	Dhelle kipeppe tookke dhamma kita qhamunku qakane kodha. Hatupa qawuni woyi pudhunettay lighinosi qhamunku kodine gharisa.
MAAHXHXADHDH E	Tolame,samuna ilighete woyi sipaketa pilayidon kodhe.(ashaniko gharssso yitito eminidha)pile pile pana liighnidhdhe arri koxe(lighinonu xhoranako, konne isexi, konne salaxi,xisikite, leqo)
SILME OLHO A EEMADHI	Olho a eemadhi



THAAYAMMIINE

- Hela thaaye: lelleehe arinito ghohoko mi'adhetenu like maleki gheqasi. Nagharray lelleehe tookke xeere koro rakisitina dhelle mirodhe alkasna kodhimu ghamuku koro xhasesininu a'asapi dhelle lighino telete rakko naxhafi payni xesa. Payitate pudhunettay tele umetema hxajuku nasatafine dhikitise mokore alkasna(olho wo'esi tele uume ghohise) nakala pudhune mulo eme pana liighnidhdhe takaya tele holikemaallay arama kodhi alkanna. Ladhay pudhunadhenu tookko lighino hi'asenu texe pana dhelle ghamuku t'ak'amane dhikitise gheeqasay. Husi hxamuko ho'arama naholenu kodhimob pudhune takayayi dhelle qale pukaqte qhamunku kodani likemaley qhamunku alikasine koni. Dhelle kolinikito tupay qhamunku oshine qhamunku na'apahxine hela thaayea.

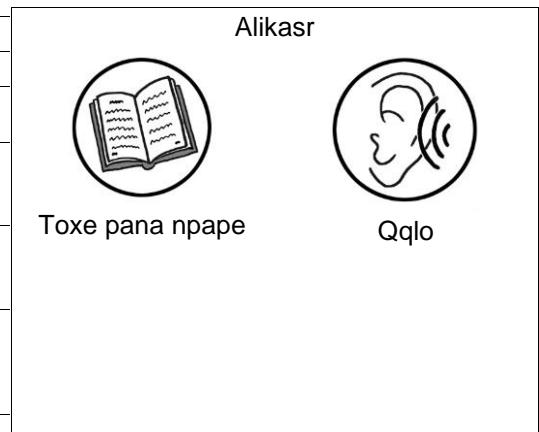
KOLLISADHE

- Dhelle lighino xulisadhate rakadha qagha payiti pukaqte pukaqte qhamunku ilek'arik'are laki laki kodhine hidhikodhadhanu kodhe alkasna. Dhelle lighinadhe fok'adhe kolinikito na wo'e payni maahxhxadhdhesi kipeppe kita hxote pana muluko lighino tookko xeere tookke qhamunku tele kodhe alkasna. Liginonu: karresi naqise hinasadhe pana ma'esenadhe elema dhihe pana henat'a kodhadha qhamunku k'arik'are kaasqadhe theemmay alkasna pudhune mara'e hxawuho mulo xiko pukaqte tusuna lit'e pana tolako/poghise ilighete, hela thaaye: pudhune dhamma pana xayto akoxhi asheghit bayin dhelle tookke tookke ilqqakko hgharra kodhenu hexasodha kodhe alkasna hasa bayin kodhenu ilqqakko rakisay hxamugu sheghe arakakat'e, napadawetay dhelle pudhunettay gharise maahxhxadhdhe k'alale hxotenu k'aark'k'arra.

DHIHAMTADHDHE

- Dhelle kipeppema holasa pana lighino hxut'e hunexulise lighinidhi dhelle qale kamakane k'irit'adina qhoota konadhetepana hinasadhete hune qale konadhe pana hinasadhe pudhunettay dihe kipeppe mali hinasesi yesheghiti hela thaaye dhelle kodhe gheeqasa k'irit'adhe likemalaki arre kollo pillena kitate qala, naqharray arino kuyaqikoma kamakame ghqasay. K'irit'adhe amaame tupay hoxikkito pana maahxhxadhdhe teleete xhote kuyuy k'irit'adhe qhamunku umine mi'adhenu xulise pana qhamunku mokore dhikitise pana maahxhxadhdhe kase takayay qale ilema tayasetay k'irit'adhe anikune hi'asina kitate tookkesi umee. K'irit'adhina kitate tookko umee tubay k'irit'i wo'eyi tiniga kagi payni telanu dhikitise alkanna

KOLLO	Kit'ime Ashinidha
GHAPAYYO	Pa'aladhe
ALAAMA	Alikasinite kit'imate kolada pana nahoolhonughu
XEERE	Tak'ka-to'on - lakki
NAQQANO PUDHUNATE	Haka dhelle -lakki
XAYTO	dhelle kipeppe kita Xayituna qakane xhafina nakala,git'ime iso xadhi hxamusa kula nakala ashenu xayto hxafna.
KHARSSO	Payenu dhelle kipeppe tookke dhamma kita qhamunku qakane kodhe pana nakala "kit'imate qhamunku ashine" gharisse.
MAAHXHXADHDHE	Lighino kit'imate to'on heximibadha laki laki ilema uuma(si'ile totay lukite misikite pana tookke lukite pixate) fidhaladha hopinito qara t'afe xhure.
OLHO A EEMADHI SILME	olho a eemadhi

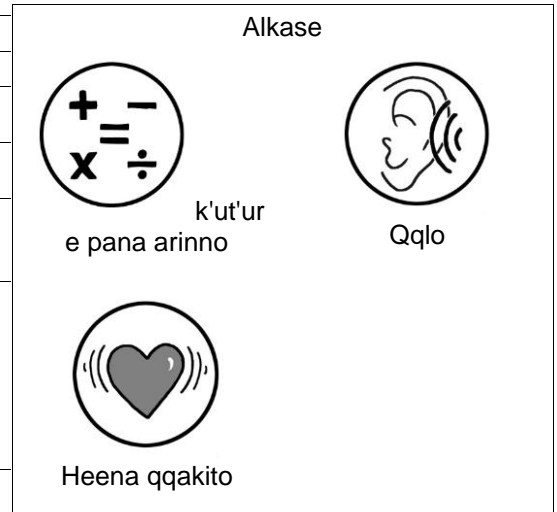


HELATHAAAY	<ul style="list-style-type: none"> • kit'imadhe like male qhamunku xhulisane laki laki ilema takaya Si'iladhdhe kit'imate qhamunku sheghinenu animakarani. Dhikate kit'imate dhellenu qhamunku achachatho. • Kit'ime k'alatadhetete kitate ikitane sheghe kulay husa maallay dhellenu kodhimunu k'alate mala lighaka t'sfe xhure mi'adhe he'athoxi fideladhi emena qayidhima ikito abahxe hgharra tukurate texe keqasa. • Si'iladhdhe tookke tookke tookke pa'aladhe qale ilema taye alikase payni husi k'alate koro t'akk'ma dhikitisenu k'aark'k'arra.
KOLLISADHE	<ul style="list-style-type: none"> • dhelle otadhe kit'imate arra payni k'alate kit'imate hxamugu napapine kaasqadhe theemmay alkasna.. • dhelle hela thaayea shekite payni kit'ime xikadhe alkasnaku mi'aye tookko"iso" kadhimaallay tookke tookke mi'ade laki "fireser" kodine dhelle hulaya'ametay akodhana shalalise geqasa k'ale tookke qalada pana dhelle pile nahole herenu K'ale "fireser"iya qale gharray qale ghaqasa dhelle qalite ume paynie xesay git'imadhe hakka hanitusa. • Mi'aye masimare git'imatena ashe ye'alikasi qagha payni mi'adhe mulonu (woyi pudhune dhamma sheghite payni dhelle lakki lakki qaka payni) kiti'menu ashara texetay pana mi'ayi woyi dekarre lakki lakki hasa qhamunku paynie kaasqadhe theemmaytay lelehisi garise alkasnaku. Misile ghoxakito ashekitetay qale ilelikay k'ale xeere tookke mi'aye mulo(woyi lakki) husi kodhi tupay asharaadhe laxhinida pana husi urure pukaqte nahola.. • Laday" hela thaaye" xiko kipeppate kitate hgharra ashara lughete karisay pudhunay xikadinidha dhelle taratay hxamugu kalapat'ine kodhetay (woyi henat'a kodhadha qhamunku kalapat'ine mara'etay) ashara kitate hxamugu mokore pana kit'ime ielelighay si'ile lakki qhamunku kone alkanna..
DIHAMITHADHE	

- dhelle ashara kit'ime uume lakki lakki kipeppa kita holasi kit'ime lakkina kit'ime tookke anakala ashin ghapadha pana dhelle hu'eme kaasqadha k'ale si'ilata loko pana kilit'e qale naqharray k'alisay olot'afe minite itay hxawuhusa kit'imate kapa pana k'alisay loko qale dhelle k'alisay boghe tubay qhamunku naholenu dhiktisa k'alatadisana kitate he'ile ligha apaxhinanu kaasqadha misiladhe lakki ilelighe sheke ikito kit'imate tukurate nutaxa kit'imadisa lakki lakkisa nahola .
- Nakala kit'ime to'on mesimere tookkema piyema kodhe(kit'imate lakki lakki pukaqte pukaqte xadenu irikit'enka kodha asharaadhe lughute tookke misikitate pana lughute pixatate xadhe geqasa hussa maallay hxawuho tokito ashara lukitate lighi)
- dhelle qhamunku salafine pana holu lughitenu garo ashara oghadhate woyi qhamunku naxuline dhikitsi achchana k'alate kit'imate likema paye
- dhelle xeere takayay sore tupay dhelle kipeppema holasa pana kit'imate lekki lakki xeere dhikatatena isunidhe qale kamakame.

Kanikaladhe Pana Dihe

KOLLO	
KHYAPAYYO	Fe'ammo
ALAAMA	Alikasinete dhihakito ghohise, pukaqte qale hxote
XEERE	Tak'ka a hxupin – izzex0
NAQQANO PUDHUNATE	Haka dhelle -lakki
XAYTO	dhelle kipeppate kitate xayto hxafna nakala kaninaladhenu pana dhihenu xayto hxafna
GHARSSO	illena laaghadhenu dekarre kipeppe toete dhamma kita qhamunku qakane kodha naqharray ilema pana dhenu maahxhadhdhe hxotenu pudhunettay ilema holasa
MAAHXHADHD HE	maahxhadhdhe sale/k'apa'e, milikitadhe palate (liqayo, shama, piso, richite----pelleka) malakaqite parisa pahxalay, muc'a warik'ate to'on dayise uumma (nat'ipadhesi sale pana konadhe 0-thappinu k'ut'iradhe wakala t'afa, mulosi) woyi dhayisate ghutay to'on, 0-thappinu karidhadhe dhikito uumma.
OLHO A EEMADHI SILME	olho a eemadhi



HELATHAAY

- kodhimuna dhelle tara taratay dhayadhe hxote gheeqasa hodupayite kolatesi hela thaayeapudhunettay qhootamate hxarema ho'akolate olho tookko tookkok alikasinete kaasqadhate kamakama (likinonu dhayisi at'ak'amati dhikisay? T'ak'amadhe alkasna to'onay anikokanasa" dhelle tara tusunidi tiqitadhate qaghana pudhune tusunidina kitate qagha si'iladhdhe helihito e'me pana kodhimo helihito kanase alkasna dhelle qhoota paaladhdhete pulthawhe qale qhamunku qalane dhiktisa mo'o qhamunku kodhadhe kaasqadhe theemmay pana olho c'ikadhesi kanase.

KOLLISADHE

- Qhoota dhihete dhelle xulisade nadhapati qaka payni dhelle pukaqte pukaqte ilek'aark'k'are qhamunku alikane laki laki kodhepa qhamunku kodhane dhikitize alkanna
- Dhelle woyi pudhune dhammay ashekit payni fatana hisabata lanikay gheeqasina yagharrray pilako kodhimo tookko ilema holase alikasiti "liqayo qale iletheemme" mi'adhe laki laki dhayi umiti pana dhihakko sero naqaghi warik'ate it'osa. Usoma hakka to'on (husi hoxesa kodhenu koro takkassa 0 pana to'on leqayoma sale) mi'aye mulo seroma awuruko qhamunku qakani kodhe gheeqasa dhelle fare qhamunku kanikalane pana ikaxikosi karo masimare dhihakitosa lehisa (K'amipaye husi dihana) k'ut'ir naqaghena payitate ikaxiko huusunidhis karo liqayito okasenu pulitako qale wadhadhare gheeqasa
- Pudhune dhamma asheghite pana xayto ho'akadhapi payni dhelle ilqqakko hgharra kodhadhana hexasodha kadhe alkasna kodhadhenu ilqqakko koro rakisa sheke payni

DHIHAMTADHDHE


- Dhelle pudhunettay holasi napay" kuyu hxatho paaladhdhete olho to'oyi si'ile umenu alikasinete dhixiakito anit'ak'amanani" payee.
- Mi'adenu farite hi'asi kone mulo e'metay dhihakko mulonu pudhunate k'amipayetay dihe kolladhe dhayi qhamunku mala kanikaladhi hi'ase pana dhihakko hunika qhamunku hi'asi dhihe nakala dhelle taratay farite tusunidhi qhamunku kanikalisine husi naqno pahxalay qhamunku dihone nuxulisa. Warik'atema lat'afenu pana si'ile paaladhdhete uumenu (hela thaaye: dhelle pudhunate kitate si'iladhdhe uumine)
- Dhelle pudhune pudhunema qhoota salax mi'aye mulonu takayatay pahxalako izzex0 pana warik'ate tookke si'ile paaladhdhete it'ose pudhune mulonu hxac'a payni dhayisi lakki nutexa.
- Dhelle dhutu kanikalise pana k'ut'irisay pahxala warik'atema qhamunku lat'afine dhiktisa pukaqte pukaqtemate hulaf'afine naqno pahxalay k'amipayniapa dhihoniki.
- Milikite warik'ate qakay qhamunku uumine dhelle pahxala huusunidhi qhamunku lat'afine dhiktisa milikiti pale tinikay qhamunku hunena tayisini qhamunku laghane dhiktisi.

KOLLO	Si'iladhdhe Uumami
GHAPAYYO	Fe'ammo
ALAAMA	Pukaqite arase payetani tiqadhe
XEERE	Tak'k'a- hxupin – izzex0
NAQQANO PUDHUNATE	Haka dhelle -lakki
XAYTO	Dhelle kepeppe kita Xayiythu na qakane hxafna nakala si'iladhdhe uumami uumenu xayto hxafna
GHARSSO	Dekarre kipeppe tookke dhamma kita lighadhenu qhamunku qakane kodhe, nakala dhelle si'iladhdhe uumami uumenu karise.
MAAHXHXADHD HE	Maahxhadhdhe uumata na tayame (tolame, ikaxe takuma, piso, taxako-----pileka) mi'aye mulonu warikate, muc'a
SILME OLHO A EEMADHI	Olho a eemadhi

Alikase



Toxe pana napape



Qqlo

- HELATHAAY**
- Kodhimo husi payee kaanasenu dhelle si'iladhdhe hgharra xeere kodhadhena pellanete tani tiqade maqhamunku gheqasiti hela tayepa kolade (kuyaqikoma) t'ik'imema naholeba nakese kisara takayama nakese pana inne tupay shoxe(k'oshasha qayidhi)onikade mulo iyenu c'ikino hi'ase alkasnainne pilanete tookke anisheghini pana iso hutiqadhi pana koliniko piyenu gharra shekha pudhune dhelete naqisenuk'aark'k'are alkasna.
 - Kodhimu ho'llena dhadhpadhi kodhi alkanna dhelle xeere oshete inittitayi modonig .namaka dhelle ye'umamonig qharra'itha xayto si'ile hexose alkasna qhamunku qaghi arakakat'e gheeqasa.

- KOLLISADHE**
- Xayto gheeqasana qakiti payni manete koray xayto amakaxi xikkito kapi'eta qakiti payni ghinite e'metay maahxhadhdhe uumami usunidi qhamunku holasine dhelesi kapase alkasnay
 - Pudhune dhamma pana xayto qkoxhi agha payni dhelle tookke tookke tookke ilqqakko hgharra kodhe hexhasodha kodhi alkanna hasa payni kodhenu ilqqakko koro rakisay qhamunku shege arakakat'e namaka dhelle maahxhadhdhe qhamunku qhootane wo'e payni dhelle pudunetay ilema holase k'alaletay hxotenu k'arik'ara..
 - Qhoota uumatay dhirama ume woyi piyye tiqadhe kuyaqikoma helikema hetaya pudhune dhellshegite bayin onike tookke.
 - Maahxhadhdhe tayadhe koro rakisa payni dhelle qhamunku xikane kodhe alkasnaku"kariko karate" dhelle lakki lakki kodha xarghge kirre hgharra ilema tayisise pana xarghge lakkinitoy kudhema ghape dhelle yayadhe huusunidi qale qhamunku miri ilema pate qale kare piyate tookkooma pahxasenu kasiqadi dhelisana tookko"heramipako" pile lakusa iso herama mi'ayi laxhamana dhelle pile qale laxhametay "iso" mi'aye kodhi laya'enu milikite hxamuko anakodini mokore keqasa. Lakki hgharra mi'aye pudhune qawunina kitate qagha hanitu laya'ame gheeqasa "heramipako" hxawutito kodhi pana isona mi'aye hera heramipawuhe karikonu karo karikito hxamuko aghe haqa kula kodhe dhellenu xulisa "heramipako" woyi "iso" kodhe.

DHIHAMDADHDHE

- Dhelle kipeppe kita holasi Napay pudhune tenina kitate warisho hani pana pilanete piyye tani tiqadhe qhoota aligasinani kapi'ita onkadhdhe dhaqama anitoruyani biye tiqadenu kodhe alkasnani olho tookko tookko ahela thaayeinay? Pudhune mulonu qale qharra'itha dekarre qhamunku lalaghamine pana pulitadhenu hxamugu qaline gasiqade(malisadhe hisxayina hatasi naxulese alkasna: naholepa t'ik'imate nakese: k'oshasha k'anase: k'oshasha kode xhure: hamako pana qanide t'ak'amade tani hela thaayea----pileka)
- Nakalaka maahxhadhdhe ilema holasiti uumatana tayame mi'adenu hi'asi maxhadina kitate hetakayasi dhelle qale kamakami hasa napay"kuyu hisi olihide umatay t'ak'amadetay biye tani xesay misile uminiti maxhadi warik'ate gharra qhamunku ac'ahxalisit anigheqi pana qhoota piyata ac'ikati olho tookko si'iletay umi xayto, milikite(hxamuko karikito, qanide, ghopo, e;metay pileka) kodhe alkanna woyi tayiko/atta kodhe alkanna.
- Muc'adhe pana maahxhadhdhe uumatay qhamunku hxotinenu dhelle pudhunetay kodhe maahxhadhdhe umatana ilema holase it'ose xet'ino piyyate kaanasenu maahxhadhdhe si'ile gharra c'aghalisine dhiktisa.
- Dhelle poghe tupetay qhamunku oshine dhikitisesi hela thaaye