

# Poradha Taanawatenne kollilaat kollila heka dheetto meumates Erkama marraçiy 7 – Orrakkata Qoch'



## Qundha 7 – Dhama

OCTOBER 2022

### **Mackenzie Matthews**

Turi Orisanipayit Hek Akilla Kollilat,  
Kommittet husi lahat pasisat

### **Katie Maeve Murphy**

Turi Orisanipayit Hek Akilla Hiraymat, Meumi Pahayit  
Kanisa,  
Kommittet husi lahat pasisat



## ERKKAMA Hoosuntadhaanne Qar hittisadha

<b>QUNDHA</b>	Dhamadhdhadha ul qara dheyyi
<b>QAPANNA</b>	Hoosuntadhaanne qar hittisadha paahnaytinninan; Kata olle orrop kiyaattadhaanne haww kiyaatadha fadhinan
<b>HELIPA</b>	Taqeqa 20
<b>QALAYITISA HALAT</b>	Haka medhdha 20 tes
<b>LAK</b>	Shimir tall laa'isaass medhdhaass por se kayiyonne dhikkiy ollo ulleeshsh otant miintadha halpatt tall sesse.
<b>QAALAYITISA</b>	Shimir kaan tallass medhdha akkum laainan kodh.

Paahnuntadha halpatt kakkaan hoshil – 1 se holsanniyu, 1 se pah, 1 se miintayy hidhdh

### MEHDHA



Kaasanadha hoshil heka apple, salaatha, dhihaymadha. qaara, gnaagngna qaysiret kaas.

### SESEHUNT FIITIYOTE

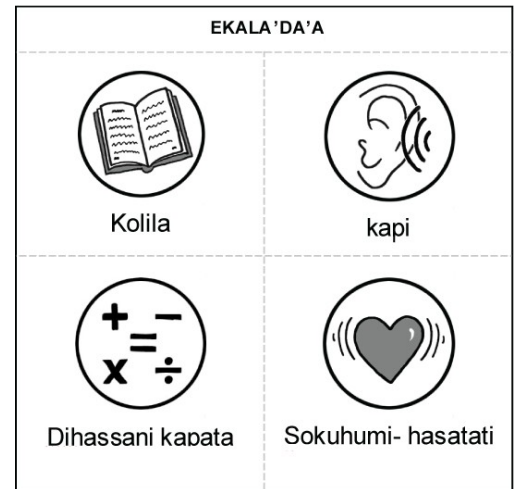
N/A

### IMASHORSATANA

- Pahisaanne qaaq hek ayinonno kodhdh akkum iyyat idhdhikk kodhdhess medhdh qaapadhu. Helpaan medhdh Hoosuntadhaanne Qar hittisadha olli ishaamiyane, akkum innu dhahenn haww haww kinnonne meet shokku akkan shakkan hoosaattaayeenne meet shokku lamm hoosatta dhiittaayy iyyaan dhikk kodhdhaadhdhu medhdha qaaposiy. Hoosuntadha haww haww kiyanne Qar hittisadhayin hawwassenne hepilass innu koy
- Dhamadhdhaanne paahnunt miinatadha att uumit urqudhop qap.

### KOLLANNA

- Meet dhakintiy keettawut kinnaadhu ollo otant miintadha tall sesseoa footta dhiinniyo, medhdha hin iyya hoosaanniyanne qar hosaattadhiinniya akkisaass harkoodhdhu erreel qapaas hala dhaketayyess erkama ooha foottint. Medhdh has kataadhdhu akkum tooyanninanesenne orrop kiyaataadhdhonne haww kiyaataadhdhu akkum qedhdhatta serkinninanes kokkiy.
- Et helpa kinnaadhene, medhdha shimir soorominan kodhosiy, ollo meet shokku akkum otant il ellinu koy. Meetinett, "Antu meet se hoosaanniyu/qar hittinniyo..." kidhu. Ayinonno hala se ila lammi akkana orrop kiy hoosaanniyu/qar hittinniyo kinnaadhane, shimir se talla allisohatta ollo por awushittap anta iyya fadhosinn. Lelin lalamiyu meetass shaakket kodhdhadhiyo, shimir se tall olatta iyya fadhosinn. Tara shokku shokkotayyess meet awushiit shimir se talla kinnaatta fadhosinn.

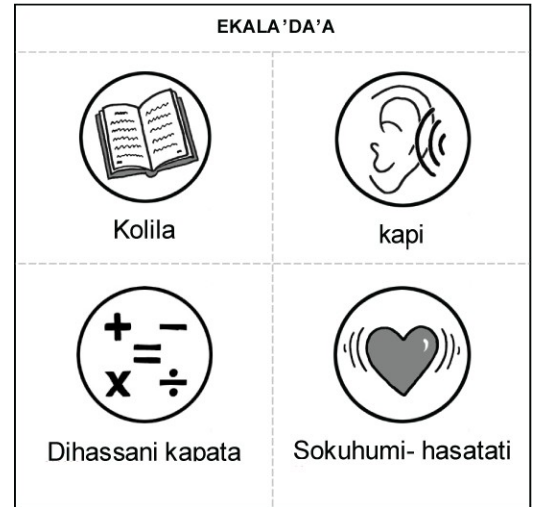


### LUSHATADA

- Medhdha shimir tallop kaliy. Paanuntadha Dhamadhdhaan att otant shimir talla uumit dhikkiy. Paahnuntadhaan erreel qap ollo oot Dhamadhdhaan medhdha olle ishaam. Mahhadha ponkadha, qiidhdhadha, s.k.k. dham shokku shokko qaroor.
- Otant shimir se tallass miintadha halpatt sin att uumit haay. (Medhdh otantadhdhu talli sesseoaass orketta allhaassayy) shoke man se patann.
- "Akkan kidha hiin, akkan sedh hoosaann kiishsho, miint se masmasit kapop aan. Akkanayin hoosaatta dhiinnishsho, miint se dhappitt kapop aan. Akkanat hedhakaysamaatta dhiinniyane, (akkanayin qaaq hoosaatta /hoosaatta dhiittaayt dhafto miint se pahit kapop aan.
- Turqqattaass erkamayn paanuntadha Dhamadhdha sin att ammann qarooritenn kaysiy. , Olli ishaama ammanet heka dhikkuma olle anniy iyyaanno Dhamadhdha, dhakint qimisatta olle anniy qalayitisa foottint. Medhdha miint shakkaash se shakkap akkum anninan koy.
- Ukkannass medhdha hala lakk qll qoot. Akanadha iyyaan iyya hoosaanniyann karittaayy olle ishaaminan illel. Akkana iyya hoosaanniyanne hoosaatta dhiinniyan haka 5 kiy akkum fadhinan kaassadhu. (Paahnatass innu lakkadhdhonn pannoolet taanawa hoosaann innu lakkaynonn gnaagngna qar hittinn, skk.)

## ERKKAMA Lek Shoke qoch'

<b>QUNDHA</b>	Dhamadhda
<b>QAPANNA</b>	Oot lekenne qoch' Kollilana hoosuntadhaanne qar hittisa ishshaamaytinninan. Kata olle orpaahnaattaanne haww kiyaatta furinninan
<b>HELIPA</b>	Taqiqa 20 – 25
<b>QALAYITISA HALAT</b>	Haka medhdha 20tess
<b>LAK</b>	Shimir tall laajisaass por medhdha kayinonne otant poradha lakk ilaash sesseoa
<b>QAALAYITISA</b>	Medhdha shimir shokku kaan tall laashiy
<b>MEHDHA</b>	Skooret moontayyaanne traanklet roomat soorum. C
<b>SESEHUNT FIITIYOTE</b>	N/A



### IMASHORSAT ANA

- Pahisaanne qaap hek ayinonno kodhdh akkum iyyat idhdhikk kodhdhess medhdh qaapadhu. Helpaan medhdh Hoosuntadhaanne Qar hittisadha olli ishaamiyane, akkum innu dhahenn haww haww kinnonne meet shokku akkan shakkan hoosaattaayeenne meet shokku lamm hoosatta dhiittaayy iyyaan dhikk kodhdhaadhdu medhdha qaaposiy. Hoosuntadha haww haww kiyanne Qar hittisadhayin hawwassenne hepilass innu koy
- Qaap lekenne qoch' dhah qapattaass se hurs kodhdha foottin. Erkamayin qum kaaltatop dhikkisamen. Semmaalla medhdha mashshadhdu qaap se ollenne skiilet hisaapet olle ikkolisa hirinan. Waariy se att medhdha olle lashshmitt waarishshu ilass 'lek' nne qoch' waar.. Lek maana kidha, qoch' maana kidha kiishshu tappaan dheyiya akkanadha haww haww kiyanne erkamaat ilass dhahenn wossana foottaass kakkaassadhu.

### KOLLANNA





- Meet dhakintiy keettawut kinnaadhu ollo otant miintadha tall sesseoa footta dhiinniyo, medhdha hin iyya hoosaanniyaneenqar hosaattadhiinniya akkisaass harkoodhdhu erreel qapaas hala dhaketayyess erkama ooha foottint. Medhdh has kataadhdu akkum tooyanninanessenne orrop kiyaataadhdonne haww kiyaataadhdu qedhdhatta serkinninaness kokkiy.
- Qaap lekenne qoch' medhdha ufaadhane, shoke iyya hukila qapatta foottane qundha uqqar haayaanee uqqara alqeedhdha medhdha kollisa foottint. Erkamayn hala ormitt lakk qottaann oottan talla dhindh se hetura kiyoss erkadhu. Ulleeshsh kollampayt 1akkum dhindh se uqqar ella dhiyenep anninnu kaassadhu. 'Dhindh hekann se ch'aal qap? Dhindh hekan se qoch' qap?' kidh kaassadhu. Medhdhaan lek hin anniyann qaroor erkadhu. Turooriisa qundha uqqar haayaatenne uqqara alqeedhdhaat idhdhayy. (iSettenno. "Hala skooret moontayya qara kayishsh shokku qeedhdh ollo hala traanklet se roomat qar haay.. .Iammann hala traanklet se roomat hech'aal.)

### LUSHATADA

- Medhdh shimir tallass orkettop qap. Aww oot ch'aalenne qoch' akkum kollinan qalfuriy. .
- Kollampayya 3 errop ellinan kaassadhu. Kidhe, "Medhdha \_\_\_\_\_lah laoiyenne medhdha 3 errop ell. Hekann ch'aal? Say, "There are \_\_\_\_\_children sitting down, and 3 children standing up. Which is more?" (Settep mitaattiy) Qaap se att sooront mittass medhdha qiidhdha shokkop aanen.
- "Ays kriimet hoosaannishsho, aan skooret moontayya kap ell. Ays kriimet hoosatta dhiinnishsho, tryaanklet se roomat shoke selaatha hoosaatta dhiinnishsho, traanklet se roomat kap ell. Salaatha hoosaannishsho, shimir moontayya kap ell." Por shokku shokku talla medhdha meeq meeq iyya kodhdhen dhah. "Qiidhdha hekann medhdha lek qapanne qiidhdha hekann medhdha qoch' qap?" kidh kaassadhu. Kaassiyadha haww haww kiy olle tra qoch' taanaw. Tppyatta maalla paanunt Dhamadhda andhotat se att sooront kaassiyadha olle qapaass erkadhu..
- Tara qoch' kanna medhdha dhindh oottan hekann ch'aal dhindh oottan hekann qoch' kidha kaassattaann medhdha kokkiy. Chaalenchet:: Dhindh lakk helpa dhihaassa medhdha orrop kiy qafnaadhana maana kidha iyyat kodhdh medhdha kaassadhu.

## ERKKAMA Dhamadhdha qaapatta

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Qaapatta qallfurinninan
<b>HELIPA</b>	Taqiqa 20-25
<b>QALAYITISA HALAT</b>	Haka medhdha 20 tess
<b>LAK</b>	Turqqattaass medhdha shimir tall laa'aass por kayiyu Ukkannass kaasaass shoke ponkaass por kayiyu akkisa.,
<b>QAALAYITISA</b>	Shimir tall hir. Ulleeshsh medhdha tharabhees pat la'oy ootayye shoke haladha afur kaasanaass lak se kayiyu olle
<b>MEHDHA</b>	Meet shokku shokkos woraqataanne paasuma shoke Art (Kaasana shoke ponka) dhehasa. Kiyatadha Dhamadhdha lek orqudhop poha shoke mehadhdha man appittat soorom erkama medhdh sohashshisa maalla. (Paahnatass::karootet,shukka aanna patt kiy, s.k.k.) Paahnat hekaayt paanunt Dhamadhdha qapattaat dhikkiy.
<b>SESEHUNT FIITIYOTE</b>	N/A





EKALA'DA'A	
 Kolila	 kapi
 Dihassani kabata	 Sokuhumi- hasatati

<b>IMASHORSATA NA</b>	<ul style="list-style-type: none"> <li>• Qaapattadha medhdhaass has kodhdha foottinan. Hasadha medhdhaatessenne helpa erkamaate kodhdha iyya akkinninaness se qaaposinninu kodhdha ekkayy. Medhdha hesaym lek fadha foottinan.</li> </ul>
<b>KOLLANNA</b>	<ul style="list-style-type: none"> <li>• Medhdha hala se kaanet qafnaatto ollo porat heqoch'o, medhdha shakan por se qar erkattaass masmus foottinan. ISettep kodhdho, uqqara erkattaass lak qim kodhdhaayyess ishshaak. Uqqar haayaass, mehadhdha helpa qochan ollo hala medhdha et kaano, medhdha hala afuret laashshisot mehadhdha olli qootaass kodhdhiy.</li> <li>• Mehadhdhan att dhikkiten qaapatta fadha rakkanniyane, qaap se dhikk iyya turaashsh qapanenn kokkisa foottint. Sin kiyatadha shakkan olle amm orkafumiyane, hor medhdha qaap Dhamadhdha shoke dhikkuma olle anniyu qall furinninaness kokkiy. (Paahnatass: Dhamadhdha, dhakint qimisatta, kodhdha, skk,)</li> </ul>

### LUSHATADA

- Medhdha shimir tallop orqudhop qap. "Aww qaap dheyaass, Dhamadhdhaanne akanadha man appittatenn erkanninn,' kidh.
- Akkanaan att orqudhop qapit otant shimir se tallass haay. Medhdha akkanaanett akku tooyanninaness illel ollo shokku sokkotadhdhu kollanaadhdhu shoke qaapaadhdhu se iyya qapan immashsh oorisattaadhdhu tooy.
- " Paahnatass, helpaan antu akkanadhan qar toooy kiyo, shukkaanne qapatta shakkan antu leemma olle kiyo an qaaposinn." kidh. Qaap Dhamadhdha se att sooront ila medhdha paahnat ullila sohashshinninaness akkiy.
- Qaap Dhamadhdha se iyya qapan hekkann iyya kodhdhenn kaassadhu. Ask, Iyyaanno Dhamadhdhaan haww kiy att leemma olle qootatt kodhdha foottinan., shoke kodhdha haww kiy ila helisa att qafu kodhdha foottinan. Medhdha akkum lakku qapaanninaness taqiqa 10 idhdhayy. Ulleeshsh medhdha 1-2 paahnatass qapaadhdhu olli qootinaness koy.
- Medhdha ootadhdhoss shoke haladhaan akkum erkanninan laashshiy. Mehadhdha paasumat iqoot .Qaapaadhdhu akkum iyya kaasanan kokkiy. (Inqaapatta: *akkanadhaan dhahenn akkum medhdha dhah akkinaness otant shimir tall haay) Karpalla* . Kattoodhdhu olle akkum paanuntadhdhu olli qootinaness kokkiy. Medhdha qaapadha katoodhdhu akkum dhakassanninaness mashsh ooriy.

# ERKKAMA Dhamadhdha Ulatenne Ponkadha

<b>QUNDHA</b>	Dhamadhdha	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; margin: 0;"><b>EKALA'DA'A</b></p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">             Kolila         </div> <div style="text-align: center;">             kapi         </div> </div> <hr/> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">             Dihassani kapata         </div> <div style="text-align: center;">             Sokuhumi- hasatati         </div> </div> </div>	
<b>QAPANNA</b>	Skiilawwa erkama ponka reehaat;hoosaattaanne hoosaatta dhiitta ishaamin.		
<b>HELIPA</b>	15 - Taqeqa 20		
<b>QALAYITISA HALAT</b>	Haka medhdha 20 tes		
<b>LAK</b>	Medhdha shimir tall la'isaass por se kayinu, ulleeshsh otanta paanuntadha Dhamadhdha tall antaass..		
<b>QAALAYITISA</b>	Turqqattaass medhdha shimir kaan shokku tall akkum la'ainan kodh. Ukkannass, Paanuntadha Dhamadhdha alpulpul ollo medhdha oant il anninan kodh.		
<b>MEHDHA</b>	Paanuntadha Dhamadhdha att sooront erkama tureeshshate (Paanuntadha Dhamadhdha arkannaatt kiy qafnaattaaytess ishshaak _qundha dhayishshat, qaar, karootet, qaysiret, muuset)		
<b>SESEHUNT FIITIYOTE</b>	N/A		
<b>IMASHORSATA NA</b>	<ul style="list-style-type: none"> <li>• Helpa medhdha qimisa kaassatta hinto, por mahh ilass ponka dhalot kidh. Helpan iyya akkadh kannu mahh dhalot sett lelinan kodh.</li> </ul>		
<b>KOLLANNA</b>	<ul style="list-style-type: none"> <li>• Medhdhd ponkadha dhalotatenne Dhamadhdha ulall up qafnaatto, medhdha haladha 2-4 qall qoot ollo Dhamadhdhaan ila oot dhamma shakkanat hippot hippanninan kokkiy. (cmin furisa ponka,me'aawunt, skk.ollo kataadhdhu kodhdha foottinan). Medhdha hippot sedh hala dhakaysisa foottinan shoke haladha pilass.ollo ul Dhamadhdha hekann iyya leliyan katoodhdhu akkum bhadhdhinan lelinan kokkiy. (Paahnatass: Antu luudhdha ollo kawuleena. Namat an Dhamadhdhaass hoolla an pata kiy qoo'inn. Issette kules hokatann dhinnah. Antu ayino?)</li> <li>• Meet aynonno kodhdho paanuntadha Dhamadhdha ul haww haww kiyatep anta footta dhiinniyyu qafnaatto, medhdha akkum harkoodhdhu erreel qapinan ollo ponka Dhamadhdhaanett hembhinan kokkiy.</li> </ul>		

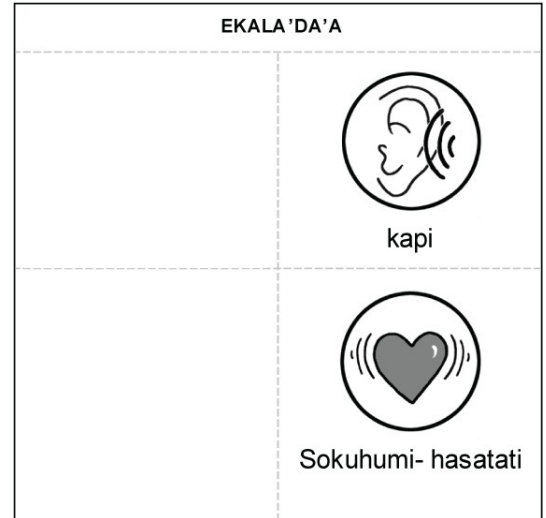
## LUSHATADA

- Medhdha shimir tallop qap.
  - Paanuntadha Dhamadhdha att erkama tureeshshate soorontenn erkadhu. Ponkadha hembha erkatta foottaassi, paanuntadha Dhamadhdhaanett ponka qafnaattaadhdhu ishshaak.
  - Gnaagngna erreel qap ollo kidhe, "Hin gnaagngna, ponka gnaagngna sedh room." Selaatha erreel qap ollo kidhe, "Hin salaatha, salaathayin ch'ayo kidh." Paahuhtadha pilassenno seep erkadhu.
  - Man tallass dhalanne dhihaymadha shimir tall pulpul.
  - Ammann taanaw se att mahh dhalot hembhantu shoke dhihaymadha ollo iyya ukkap ellinan taanawinan medhdha lel. Helpaan medhdh dhalot kap ellanne, ponka hekann iyya kodhdhen lelinan kokkiy.
- Medhdha ch'awunnidhdhu dhalot se hoosattaadhdhonne qar hittisaadhdhu minatadhdhu olle lelinaness kaassadhu.

## ERKKAMA

## Dhamadhdha ulat ponka

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Qall furinnin ollo and se uumiyu kodhdhin; dhihaymadhaann ponkin, akkanadha dhakintatenne ponkadha fadhinan.
<b>HELIPA</b>	Taqiqa 20 – 25tess
<b>QALAYITISA HALAT</b>	Medhdh haka 20
<b>LAK</b>	Meet shokku shokkoss por se kayiyu shimir talla. Ukkannass ponka ponkaass por kayiyu.
<b>QAALAYITISA</b>	Medhdha shimir talla laashshiy. Ulleeshsh ootadhdhu shoke haladha afurenn tharabheesa kap laashshiyshokku shokkoss ponka pnkaass por kayiyonn.
<b>MEHDHA</b>	meet shokku shokkoss woraqataanne op inponkiyan Medhdhaass dhihaymadha inponkaass. (Paahnatass: <i>karootet, tinnichcha, applet, qoostha skk.</i> )
<b>SESEHUNT FIITIYOTE</b>	N/A



## IMASHORSATAN A

- Lak alsooromaass medhdha helpa dhaatta immashsh patisatta dhiy.
- Medhdha ponka iyya dhihaymadha ponkiyannenn akkum sin uumiy kodhdhinaness kokkiy. Dhihaymadha ponka ponkaass mehatt se haww kiyu, semmaalla uumaass medhdha haww sohashshinn. Vegetables are a different tool to paint with, Attaminan, shirinninanenne sesseuntadha pil ekkanninaness ponka haww haww kiyanne akkanadha insooromamen dhihaymadha haww haww kiy olle fadha akkattaass kokkiy.
- Et helpa kinnaadhane, kattoodhdhu olle erkama paasuma iyya erkadhen ishaamanninan kokkiy. Medhdha erkama paasume heka kattoodhdh tooyanniyaness akkum poosetifet kodhdhinan kokkiy.

## KOLLANNA

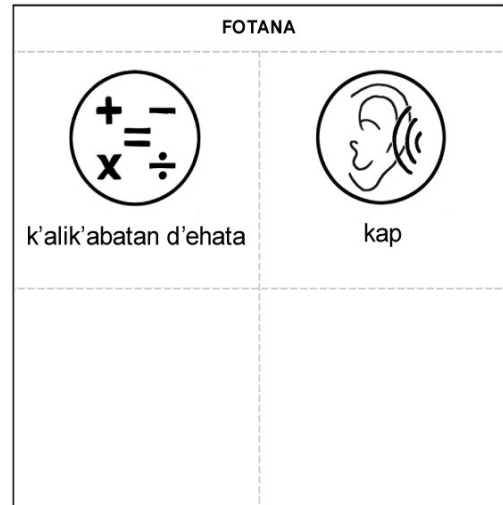
- Ponka ponkaass medhdha shokku shokkoss por qafnaatta dhiitto, shoke mehadhdha ponkaat dhafto, hala sett pakass qall qoota foottint. Medhdha pakattidhdhu ponka foottiyane, pakattidhdhu andhoti taanawa foottinan. Ponkaass taqiqa 15 kasaadho, halotin haysatta foottin. Hin erkamaanett dherann, hor medhdha dhahenness ponka ponka uumaass helpa dhayy. Hala shokku shokkoss dhihaymadha kayiy qafnaatta dhiitto lyyaan haww haww kiy qafnattaass, dhihaymadha qoqqotaas por sooroma foottint. Dhihaymadha lekenn ponkaass medhdha kokkiy. Iyya dhihaymadha shokku shokku ponkaass medhdha otant dhihaymadha il akkum anninan kokkiy. Medhdha akkum dhuupatta olliqootinan akkinninaness kokkiy

## LUSHATADA

- Medhdha shimir tallao qap. Dhihaymadha haww haww kiy att orqudhop qaft iyya akkiy. Aww medhdha dhihaymadhaann ponka ponkaadhdhu qall iffuriy.
- Hladha 4 woraqataanne mehadhdha ponka olle qaroor qoqqoot laashshiy.
- Hala shokku shokku dhihaymadhaan att ququurt olle dhikkiy semmaalla iyyaan ponka ponkinan.
- Medhdha mehadhdhaanett ponkaall qappaninanessenne iyyaanno afa maatapap shoke afa purushetap iin erkawusanninan kokkiy. Helpa hoosaatto, medhdha kokkisa maalla paanunt shakk uumaass kaassiy kaassatta foottint.
- Sample prompts might be to create an image of a:
  - Erkama dhikk
  - Manqara/altpatann
  - kaasana mashshayyet
  - Kayishsh olle qaap pahayt
  - Paahnat kaasana se iyya olli taanawen

# ERKKAMA Dhihaassa Nam Rakosinny

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Dhihaassa dhihaanne skiilet dhihaassa kaanisaa
<b>HELIPA</b>	15 – Taqeqa 20
<b>QALAYITISA HALAT</b>	Haka medhdha 20 tes
<b>LAK</b>	Medhdhaass por shimir tall laʼisaass, ulleeshsh haladha lakk mashshadhdhu erkattaass (shoke oottayy)
<b>QAALAYITISA</b>	Medhdha shimir tall laʼashshiy. ulleeshsh rakkot se furisaass haladha lakk qall qoot (shoke oottadhdhu)
<b>MEHDHA</b>	DDhamadhdha ul qara dheyyi kaas. Ukkannass poloqumq sooromaass tarka 5 kaas. Label each strip, kach'urra shokku shokkoss dhihaassa 1-5 dhayy. Muutayita qara paanuntadhaan qur ollo dhihaassa 1-5 uqqar haay. Medhdha paanunt se qarooraa dhihaa footinan. Sin medhdhaass rakkot furisaass.
<b>SESEHUNT FIITIYOTE</b>	N/A



## IMASHORSATANA

- Rakkoshshadhdhu furisa hiriyane, hesaym ch'awayy fadha footinan
- skiilet assallaʼaa medhdhaat kaanisa erkattot fadhosiinny. Medhdha helpa kana furisaass rakkawwayin ull olashshiy. Por se att ull haayte iyyaan medhdha issetteeh akkaanniy koya footint, semmaalla medhdha et halpa akkadhane, rakkoshshadhdhu furisa footinan. .

## KOLLANNA



- Hala kaan hek medhdhaat qafnaatto ollo porat heqoch'o medhdha shakkannidhdhu lah laʼisa erkattaass masmasiyan. mman lyyaanno lak se qar erkanniyan se kodhdhaayy ishshaak.
- Medhdha footana dhihaassa kaanet qap qafnaatto, rakkot se kach'urra lek qap uuma footint. (paahnatass kach'urra 10 por 5 kidha kapa). Settep, medhdha haka ammanetess dhihaassa kollaalle kiy qafnaatto, rakkot se kach'urra qoch' qap uuma footint. (Paahnatass kach'urra 3)
- Erkamayn erkattaass dhikkiy qim erkadhu. Medhdha shokku shokkoss kach'urra hekoodhdhu hek woraqataat dhaatta footint man se patann akkum anninaness rakkotadhdhu ilass orpil kann fadhaann semmaall mehdha dhindhann orkap ella footinan ollo paanunt sooromaass poloqumoodhdhu olli qapinan.
- Medhdha hala sin uuma footint shoke ankas kodhdh qafnaatto, erkamaan olashshisa footint rakkot dhihaassadhdhott akkum katoodhdhu uuminanness kokkiy katoodhdhu rakkot se furinninaness.

## LUSHATADA

- Medhdha shimir tallop qap. Leladha Dhamadhdha medhdha rakkawwa dhihaassa ila fadhinan qarooraa tooyaassi kaasana erkadhu. "Aww skiilawwa dhihassaat erkanninn" kidh. Helpan att dhihaassa erraashsh dhihishsho harkaytann, medhdha akkum hedh olle dhihinan kaassadhu., "
- Kach'raanett medhdha akkiy ollo dhihaass rakkot sett ashshann iyya furinninaness mootelet kodhdhinan kaassadhu. (Paanuntadhaan att kach'urradha quurt ollo kannass akkila 1-5 koot)
- Medhdha haladha 2 qoot laʼashshiy. (shoke oottayy) mashshadhdhoss lrakkawwa dhihaassa olle.
- Medhdha oottadhdhu shoke halaann akkum erkanninan kokkiy kach'uraan dhihaassa uqqara kiyann orkann haay ollo rakkoshshadhdhu furiyen.
- Shokkoohan medhdha rakkoshshadhdhu kaysiyene, kach'uraan ququuram akkum olli lahinan ollo harkadhdhu erreel qapinan kokkiy. Medhdhaan harkoodhdhu erreel qapamen qafnaatta footint semmaalla rakkotadhdhu kasisa footinan.



## ERKKAMA Dhamadhdha Ulall Kaaniyan

<b>QUNDHA</b>	Dhamadhdha	<p style="text-align: center;"><b>EKALA'DA'A</b></p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">             Kolila         </div> <div style="text-align: center;">             kapi         </div> </div>
<b>QAPANNA</b>	Kaannussa dhihaymat kollinan.	
<b>HELIPA</b>	taqiqa 20 – 25	
<b>QALAYITISA HALAT</b>	Medhdha haka 25tess	
<b>LAK</b>	Medhdha shimir talla laaassenne ellaass por kayiyu	
<b>QAALAYITISA</b>	Medhdha shimir kaan shokku tall laashshiy.	
<b>MEHDHA</b>	<ul style="list-style-type: none"> <li>Qundha alquuqat (heess et qoch'o hapatt,seqareell akkatta foottito, medhdha lakk lakke shokku shokko dhayy).</li> <li>Qundhaanettess huss sinet shakkaah (se eleett dhehaatttep se qoch'ess shokku, seqareel akkaadhane medhdha lakkess shokku shokko dhayy)</li> </ul>	
<b>SESEHUNT FIITIYOTE</b>	N/A	
<b>IMASHORSATA NA</b>	<ul style="list-style-type: none"> <li>Erkamayin dhahenn qall akkaass, alquuq sett mehatt se otot akkat fadhosiinniyonne huss se ch'apisaass helpamitt haq ukkisaass hefadhosiinniyoss haaynt. tappa lakkaless qundhaan dhehaadhdu akka foottint.</li> <li>Sinet se qalless qundha shikka qareell kiy dhintoss he kors. Maana maalla dhah dheha footta dhiinninan. Hin shaakket att medhdha qundha dhikinnin dhihin qafnaatto. (Qundha lek dhih kidh hedhdhikk).</li> </ul>	
<b>KOLLANNA</b>	<ul style="list-style-type: none"> <li>Hala medhdhaan lek qafnaatto, hootta sinet shokku qalle kiy dhiha ollo halotinakkaass hedhess hoshila foottin. Medhdha lakk lakke kodhdhaann hootta se helisaass lashshmitt dheya ollo hassanne haq ch'awunayy por settep dheya ukkisaann helisa dhaatta foottinan. LUSHATADA sedhenn medhdha dhahenn hootta se helisaass sinkittum qedhdhatta iyya fadhosiinn. Hottot dheha raadhaass- haq, Dhamadhdha(otot), nne man (huss) fadhosiinniyoss akkum ishshakinan kokki.</li> </ul>	

### LUSHATADA

Medhdha shimir tallop qap. "Helpa dheha innu kollin mittass Dhamadhdha ul sheka andhot hakannadhdho?kidh kaassadhu. Dhamadhdha ul heka andhot kaanaass iyyaan olanniy dhahenn medhdha lel.

"Hilpaan dhihaymatadhayn man qara hiramiyane qundhoodhdhu iyya tittinao, ulleeshsh helpa kanna kaaniyan" kidh. Ototannehaq akkadh kanna ,qundhaanett ukkana por dhalotatenne dhihaymatep ooham."

Oot qundhaat medhdha olle waar. Helpa qundha dhihiyane maana iyya kodhdhiyan iyya lel.ollo iyy kaaniyane ashshann dhehiyan illel..Qundha kaannaass akkana halpatt fadhaadhdu iyyaanno- haq, Dhamadhdha (otot), nne man(Huss) kadhdhaadhdu illel.

Ukkannass, qundha alquuqaytenne huss sinet shakkaahann, medhdha qundhaanett dhihinan marrao. (Sinet shakkaahass qundha shakkan qareel kiy dhiha fadhosiinn ) Alquuq set sinet se qall otant hussatenne haq il dhihit kidh hedhdhikk. Meet shokku antonayin akkum heoolee anninoss koy.

Qundha dhihaass meet lakka settess mehadhdha kayiy qafnaatto, mehadhdhaanett medhdha lakka sett qoot ollo ashshann op dhihiyan iyya marrao.





Helpa kinnaadhane, taanaw se iyya afa qundhaap kaanninniyan taanawen. Medhdha qundha tinnaap lukka qar laashshosiy. Medhdha hedhess afa roopap kodhdhinu kaassadhu. (qemaach'ch'oodhdhu heka roopate sesseoisaa foottinan). they can wiggle their fingers like rain). Medhdhaanett hootta se qarass harkoodhdhu sesseoinninan kodh.afa hootta se ukkinniyanep. Paatret qafnaatto heka lashshatep medhdhaan qar opayy. Meet shokku lashsh kodhdhaass hootta se qar ella kaassatta dhiinnishsho Roopanne lashsh medhdha hootaan qarass otawa roopa foottinan. Hootta ototanne haq akkadhane qorayyaap kaaninaness kokkila idhdhayy.



## ERKKAMA

# Dhamadhdhaan Uulalet Inu Hosanikiun

<b>QUNDHA</b>	Dhamdhdha
<b>QAPANNA</b>	Hin innu hoosaanikinnonne hoosaatta dhiinikinu ufinayitissa; reehaasse; Dhamadhdha ulali lekisaassene ufinaatnaas.
<b>HELIPA</b>	Taqeqa 15 – 20 tes
<b>QALAYITISA HALAT</b>	Haka medhdha 20 tes
<b>LAK</b>	Lak paldh medhdha uqal labhnan
<b>QAALAYITISA</b>	Medhdha hala kaan shimir laʻOen. Pahaannunt Dhamadhdhanet shimir patt kiya qotta.
<b>MEHDHA</b>	Pahaannunt Dhamadhdhaat se in torreesh erikatenne erikama hin in qar padhawatten pahissaen (panaanat – kaassaana, paripparaat., poom qrant, karoottea, pottitaa woyinetta.
<b>SESEHUNT FIITIYOTE</b>	N/A

EKALA'DA'A	
 Kolila	 kapi
 Dihassani kabata	 Sokuhumi- hasatati

## IMASHORSATAN A

- Medhdhan hawu kiyaatta dhahhen aka serikinan kodha. Medhdha shakan shakan iyya hoosaaniyyannenhe hepil hitiniyyan hawu kiiyaasedh qaap orfottayinnonne hawu kiyaattayinnu ufinaatnaanne hawu kiyaatayinu qaap dhik medhdhas hawu kiyu qapusissa, hin lam harit dhikayt qaap se hesnu.

## KOLLANNA

- Et hala medhdha lek qafinaaten phanata dhamha ulalet et tooriyane iya mash oriyen.
- Dhamadhdha ulale se qaleb medhdha toorisa fota dhiniyi et kiyadhane panase erel qapan erkaman aka elinannes koya fotinta, Phanaat kasiyikasata. Medhdha aka katodhu qarash mitatinanu hin iya hoosaniyanene hoosaattadhinyan akum ishamaniyne kokiya.

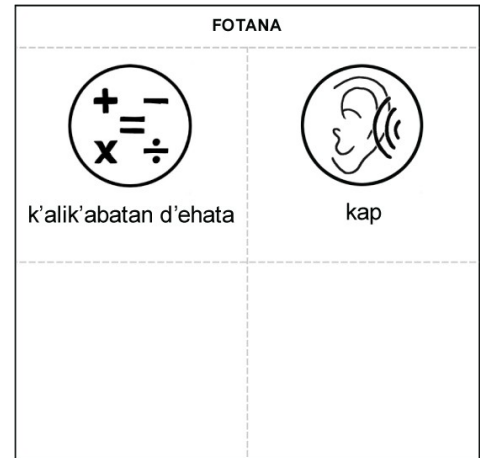
## LUSHATADA

- Medhdha shimr talopi qutiya-phanunt Dhamadhdha ulalet shimirestal hayen.
- Seturesh ot hosuint shak shakaten hosata dhitanu helel. Aman nami hin ulale dhiyan shakan shakane Dhamadhdhas koilyn, lashale helpa haw haw kiya dhayma haw haw kiya dhamim? Dhamadhdha haw haw kiy dhamim? iya haw haw kiya dham. Dhaymadha parale helpa haw haw kiyate?
- Pahanata Dhamadhdhan ulale dhahen medhdha aka ihsinanes kasadha medhdha iya hoosaniyila hin iya hosata dhiniyan shet koyatan phanunt qaran toorisas aka kasnintu ilele.
- Ukanas medhdhas ahas iya toorinan ilele. Phanata shakan shakan qundha shoke dhihyma: -
  - “phanata se at Dhamadhdha fotintu tooriye.”
  - “qundhdha at etkela Dhamadhdha hitinishu shoke pahnaat dhaym tooriya.”
- Medhdha phanuntadhu qara kiyatete ipatash mitatan katodhu ole ishamatan maniyas iya hosaniyanen hosata dhiniyan katodhu lenen.
- Tapahin tarbe qale kasana qundhadhatene heka dhaymate (salaatha, gnaagna, peles, roomane, paarpara kaoroteta, woyinetanea, kiyyare) in erkawsatan medhdha Dhamadhdha oot ulal kolliya (magume dasoot tooya) oot qundhadhaten oot dhayma lalanen “hotase qudha” et lalaniyane magumset husilate tooyen. “haq dahan tiqa et lalaniyane aka harkadhuyesnyan kokiya.

# Dhamaheini Hekanem Hekoči Kid'a Olli Toya

## ERKKAMA

<b>QUNDHA</b>	Dhamadhda
<b>QAPANNA</b>	Ekočseno eka'aneseno olli toya
<b>HELIPA</b>	Tak'ka 25- 30
<b>QALAYITISA HALAT</b>	Med'a 20 k'areli
<b>LAK</b>	Laki shemiri palid'l elli med'a laahsesa ukana pori arigamd'.
<b>QAALAYITISA</b>	Shemiri elli med'a pahisa ullo halla laki koya mashi mashd'usi.
<b>MEHDHA</b>	Eleki bakila 10, kambibut'a 10 (pasita koki, atara misira ,eyanilek) Pak'ila 10n akani 10 k'areli č'alli(pasta koki, attara misira, hebileno) mashimashd'u sinnetali k'abatani, heni eyani shakao eyanishakao akumiarigananes ortori d'ata'a .
<b>SESEHUNT FIITIYOTE</b>	N/A



## IMASHORSATAN A

- Argama d'hasahenii ukanamala k'a'rkabata.
- Med'aheni tanawset fotad'iniyi helipa rawiniya toyya.
- Med'aheni olli arganiyi ella heni tanawase fotine hekan henifotad'n hekane eshaka.
- Med'ani shakau argmaheni amifotiyanyemo. fotiyan kod'o! allashesamale kolisa' sefotad'niyoni sefotiyu toya hekod'u malle k'abatad'u olli toyani k'abad'u eshakani med'ani fotiyi kolosisa fad'osinine.
- Arigama ukani malla d'hasad'oni ulli haya.

## KOLLANNA

- Med'ahen d'hasa eatifotiyane kokila mala kasikasani mek'a bak'ilaheni \_\_\_\_\_, mek'l uk'alekya \_\_\_\_\_ . bok'ola c'lam bak'ila k'arel \_\_\_\_\_ bak'ila c'alli bok'ola k'reli \_\_\_\_\_ .
- Med'ahen d'isa ati pushemad'ane amid'ihenitam kasiyani eya eshokan hekan hegani hakani hak'c'l ki'ti ello eya kasanit eyak'otinit ello sephemaniyu kanesh kolinit
- Hawi hawi atid'hiyan kod'o, eyani oropi kiyi ollik'aban allikokisa .

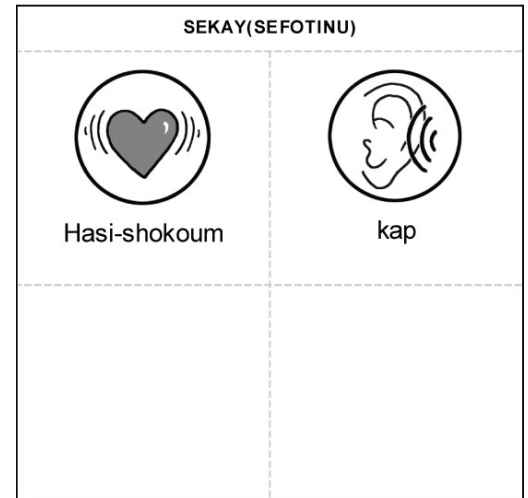
## LUSHATADA

- Shokohasi shemiralab med'a k'aba bak'la 7 bok'ola 4 tori ha'aha'aya d'aha
- Tana'awse awi inu ollitoyinu hekani fotine hekani fota d'inine. anhesinitam bak'ila mek'l antura kiyi? K'misa malla med'ni olle d'ihasa d'ihani "bok'ola mek'l anikaba kiyi" eya kokisamala eyaole d'iha,
- Kasiyi, "hekame eyani legi? Bak'imu bok'ola?" d'hasai shoku shoko'tad'u torihayan (panatain akisa) bak'ila mek'l bok'ola kara c'ala eyaole d'ihani heye bak'la bok'ola k'ara c'la
- Med'aheni halalaki(2) k'alikotani hala shokos bak'ila 10 hala shokos bok'ola 10. end'a k'imipiya kid'ani d'hasani sineti batihayani eyaturakiyi milkitan eshoka kida.

Porishokohabi k'abani ollitoyan hegani ekani hakani ek'oči sineti pati alhaya k'aaroran.

## ERKKAMA Kanusad'u Alashesa D'ita

QUNDHA	Dhamadhdha
QAPANNA	Kinati anid'ot etoreshe toya
HELIPA	Tak'ka 20 – 25
QALAYITISA HALAT	Med'a pare 20 k'areli
LAK	Potamed'a kayiyu shemiri la'ashelani videot eakisa Ukanasi pota esomira.
QAALAYITISA	Med'a shemiri shoko ekan k'alli a'ati la'ane. Orikanis pahesan k'abi etoreshe olli ka'bata mala
MEHDHA	Worakata shokushoko med'akotani. (akilane poyid' nasdrawing) sorumi akilats hasine.supplies
SESEHUNT FIITIYOTE	N/A



- IMASHORSATAN A**
- Med'aked'atad;o kabatan a'at orik'arad;akayiyane olls tarbinine. Ha'd'ot etoreshe huramale namat panat akiniyo.
  - A'ati.orik'ra d'akayiyann med'a k'abse hak'ed;d'ne.k'abati namas ufinat akumi etoreshe argamotasi k'a'abi med'ata toreshe maniya k;a'abani kid'a'an ajaja'an,k'absisa fad'osinine k'a'abt d'gayaseni panati akisasi arginine.
  - Hipaheni at argaman tarippit kaneshe millisa,fad'osinine.

- KOLLANNA**
- Hala med'a legi a'ati k'afinatio por ek'oçisan shakad'u por k'imi elli akomi ariganans.amaneno mehati, a'ati k'oçyo,halamed'a a'ati legiyo bota 4 k'alikotan mehad'a orik'a'ara akumik'd'anane halpa k'imi etoreshe med'aheni a'ati k'afnad'e kasiyani parsesi kolana fotitanem,and'otikayisisas,k'aliseगतad'iyu a'atikiid'ane tapalikolisa .

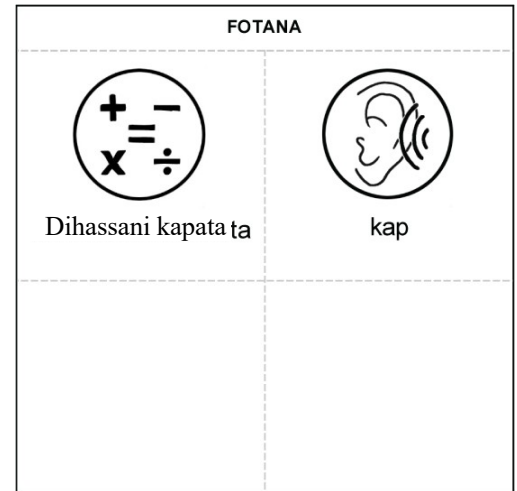
### LUSHATADA

- Medhdha shimir ttal laQin fadha “**dhainsinu maana koyyafadh maana koyya fash et infottashamtto kaassadha**”. oorilahin ili kalla fadhusit dhama pahisattaat hin dhika erikamaanne S.K oorilaadhu erikamaan arikanaat kiy hessa it fadhusin.
- Seep kidha et trayyinnu helissanni kinno hin it fadhussinnishu aka dhakintunnu qimmintonne kaaninttos kodhasin. Shaakettas am inu kaannussa elashininam innot helpamit kaanin shok oohaminna hin lam sooratayinnon shaaket.
- Seqara sohattaan inu lashimitt akkan awushiya kollinna.
- Seep kidha “**aka dhaknshinu kaanintu eshaakikinu kodho**” akka kaa erikanin. Antu awi oomooniyu massmassuntanne tir dhik qafinaanno kidah. Seepakidha antu fadhiyu itraasshas/ maaniya at oomoonishu aka kaasinttos fayi kaassanaan pulpula elo ak se kananqudhan medhdhda laQashissa.
- Medha oomottandhu ulidhikassadhan kannu aka kataadhu olle dhikssattaadhu oothanann kaassadhu. Dhikissatta hawu kiy kodhane dhikissataadhu iyyadhiki kodhadhu mash ooriya ilo awuttama iyya dhakassatta fotiyyan oomot katoodhu dhikissatta / dhakassanan.
- Katoodhu dhama ashan kiy iya dhamiyyan aka kaassanannes kokokiyya ilo oomotidhu / dhikissatadhu akka shaaket ilo taraadhot idik kodhinna.

## ERKKAMA

## Qara Qeedhaanne Qaripadhawa

<b>QUNDHA</b>	Dhamadhda
<b>QAPANNA</b>	Qari padhawa qara qeedhaanne ishagossa
<b>HELIPA</b>	Taqeqa 20 – 25 tes
<b>QALAYITISA HALAT</b>	Haka medhdha 20 tes
<b>LAK</b>	Lak paldh medhdha uqal ladhinan
<b>QAALAYITISA</b>	Medhdha hala kaan shimir laOen
<b>MEHDHA</b>	Qara qeedhaanne qaripadhawa akissas mehat hundhi(10) dhina, tarika dhihassa karas 0 tes 10 tes madhakiya.
<b>SESEHUNT FIITIYOTE</b>	N/A

**IMASHORSATAN A**

- Imass oorissatta erikamaturesh dhihaassan lakiy poha inu fadhusin hin medha hiket akaattaas ottant shimir tala kodhanadhu imashsh oorissadhden. Qaripadhawwaanne qara qeedha sooratadhu se erikatta qaapanisho qaapadhos sheeht kodh medhdha sheehet set et dhahi ufinaatta dhiyyanne ighik helipa qeedhataan dhihaassa fottadhu qimissaas ekkalla qochin shok leken kokiyya

**KOLLANNA**

- Medhdha dhihaassaan kolliyanne 5 dhihaassa kaan koyaan erikama hin hoshilissa fotiinaan medhdha hiradhen medha ole iyya lekenne iya qochi kola fotiinan.

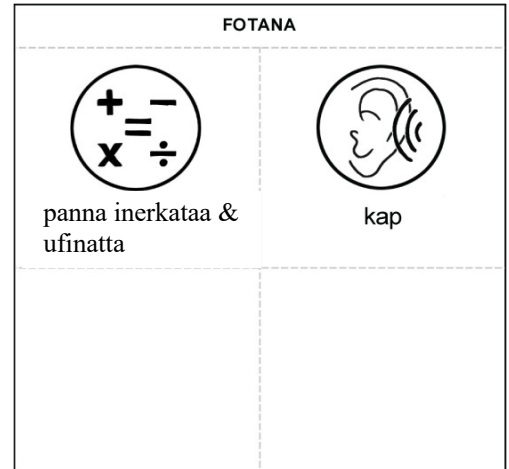
**LUSHATADA**

- Medhdha shimi talop pahi ilo lekussaadhonne qochussaadhu lela .
- Medhdha shakan elaan shakkan lahaan medhdha lek kiyaadhanne awi akka elinan kaassadhu ilo shooyyadhu.
- Qara qeedhaanne qari padhawa koll kidhen (hin pahaanat qumaachaata kodhainnan kaassana dhihaasampayya tarika dhihaassaat.
- Medhdha shakan shakan hassadhu aka elinann kaassadha ilo hala lakk qootta. Manna iyya kodhen ufinayitiyya medhdha shakkan haladhu ila sohhanna. Hala pili olle elinan kaassadhu qaraqeedhaane qaripadhawa medhdha lak hala seqara alqeedhaan hala shokku qari padhaw kidha.
- Hussale dhihaassa dhiaan hen tura kiyaadhen tura mehadha meeqi kiy kidha kaassadha medhadhaan hala kiyaataan medhdha aka harikadhu akinannes kaassadha warqatta qaras pahaanat qundha hen kaasen medhdha aka dhihaassa tarikka hen qar elinann kaassadha.
- Ukkannas dhihassa 5 tur tura hala il haayinann kaassadhu medhdha meeqq at hussal turihaayit medhdha awushiya hala 5 dhihi amman oriqaales medhdha meeq kiy kidh kaassadhu mehadha hund oriqli dihaan medhdha kaassadhu.
- Aannenno qumaacha hen iya akinninannes iya kaassadha aannenno harika lakk ereel akakkiyan shoku shokkotadho qumaaciha hen aan oriqaales qumaaciha meeqq qafin kidha kasadha dhahen qumaacha 10 oriql dhiha.
- Erikamma hinworaqattan qar ooran ( qundha 5 kapas hisikka 5 kaassa oriqaales 10 kidhen hembhen.
- Meet se tarika dhihaassa qarakiyu iqashet 5 padhawaan hala hin hen dhihu.
- Qara qeedha akissaass patimalla qar oorene.

Medha hin aka dhihaassa kolliyanne olillahama dhiyaassa hin helippa lekke qaroorenne.

**ERKKAMA** Qaripadhawa Qara Qeedhaanne

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Fottana qaraqeedhanaattenne qarpadhawaneantussiy.
<b>HELIPA</b>	Taqeqa 25 – 30 tes
<b>QAPANNA HALA</b>	Haka medha 20 tes
<b>LAK</b>	Lak shimir medhdha lek uli laQinan
<b>QALAYITISSA</b>	Lak shimir medhdha shimir uqal laQiyyan ilo aka medha erikamoodhu ufinayitinninaanes uil haayen illo aka fotanoodhu qaroorinannes medhdha hala titinaQi lakk qal qoottaan erkamoodhu dhikiyen.
<b>MEHADHDHA</b>	Siinet hen (5) akanadha dhihamiy hundh (10) oriqarop tarka dhiaassa lak 1 – 10 hahhi madhaakiyya sinnet lakk mitten woraqatta ole shokoosh hak henetss ( 1 – 5 ) mitten worqatta ole siinet moontayya haka woraqatta 1-5 woreqatta ole .
<b>SESEHUNT FIITIYOTAAT</b>	N/A



**IMASH OORISATANA** Erikamma awi medhdha fottana nipaappe tadhdu kaanissanai hessassenne aka mashadhu qaripadhawuna qaraqeedhinannes. Medhdha erikamoodhu ila ett mashadhu qara qedhaan qarpadhdhwa fotiyyanne hedhik .medhdha aka erikama pil pahissanninan dhamm ilo erikamaan aka oli erikannan tooyya qimiyya shoke fottanaadhos shooqayya shamata ihessa.

- KOLLANA**
- Medhdha fottana haw hawu kiy hedhihaassa qafinaadhanne hala se qal qoottannenn hessian hala in hint ole erikadha ilo haladha shakan mashshadhos medhdhaas dhihaassa tarikka sooroma hin fottana dhihaassa kaaniaastta fadhiy qarpadhawaan qaqra qeedha oorisaadhu tureesh.
  - Meetin tarika dhihaassa erikattaas dhakintay ila rakot qafinaadho tarika dhihaasaat erikataas woraqatta qar kaasa hefadhusin medhaas tarika dhihaassaset pahissaanen medhdha aka hala dhikinninannes kodha.

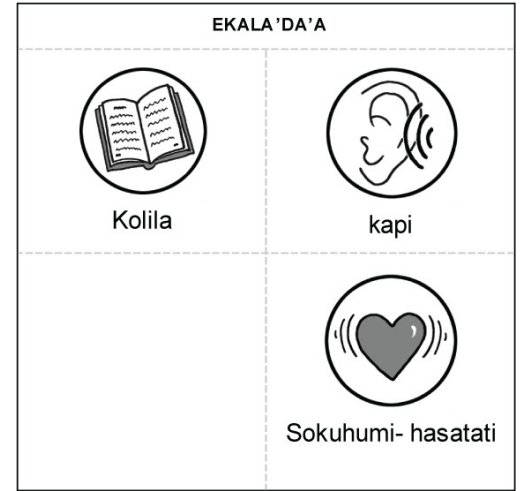
**PAANA**

- Medhdha shimir talop pohaani iya helpa qara qeedhaatten qaripadhawaatt halit se iya kollen qarooraa.
- **Rakkot/kohhayit** medha qara qeedhaas dhihaassa hapatiy (3) tuquuren, ekanaash torosissaas dhihaassa tarka qarass medhdha qarassohatta koyadha.
- **Medhdha meeqa?** Medhdha halaan erikanan. Medhdhanet akannadha (10) iyya dhihamiy qafinaatta iyya fadhusin. Maaqnumass shakku hudh qapaash mitan qoraqata qarass medhdha thaafa.
- meet shokku kaishay kapop mitaatu ilo indhooy qimibhiyu kayshayi pil akkan shokku dhekku.
- **Panaanatas** “**akanadha 10 qafinaaninn, qman 6 qafin, semaal 4 al dheka.**” Et ekawussantu kana medha erikamoodhu tooyashenne. Medha poor ekkalaatepanne dhekanaatep mittaatenne.
- Ashan iyya erikamaan kayisinin akiy kannu, hala set lak qootta. Hala shoku shokkotayes erikamaan kayissaattaadhu tureesh helipa tqaiqa 10 dehaaniy idhdhayya.

## ERKKAMA

## Dhamadhdha Kapiyaalle

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Lelufnat kapiya qimisa; hala erkatta; uuma
<b>HELIPA</b>	Taqiqa 20 – 25
<b>QALAYITISA HALAT</b>	Medhdha haka 20
<b>LAK</b>	Medhdha shimir tall laaisaas por kayiu: Ukkannass, Haladha il kaasaass por kayiyu
<b>QAALAYITISA</b>	Olli ishaama maalla shimir tall laashiy. Ukkannass, kaasana foottaass haladha qall qoot.
<b>MEHDHA</b>	Maqaset;meet shokku shokkoss woraqata; art Dhehasa paasumaat (kaasana shoke ponka)
<b>SESEHUNT FIITIYOTE</b>	N/A



## IMASHORSATAN A

- Erkama itturaash kiy ila, medhdha por ila por kapiyaat qafnaanninan. semmaalla mashsh mashshadhdhoss akkana shokku qareel kiy kaasinan. Akkanaan iyya kaasen ull olashshiy semmalla ukkana iinn erkatta foottint. Medhdha akkana kapiyaalle kiy kaasaass idhdhikkaanniyanenne erkama heka aww qareel erkatta hoosaanniyane, por se iyya erkatta foottinaness por iyya dhikkisa foottint.
- Medhdha helpa akkana kapiya qaapanniyane erkama halaat kokkiy.
- Poraadhdhu ushuqaass medhdhaass helpa dhaattaaytess qaapadhu.

## KOLLANNA

- Medhdha hala kaanet qafnaatto ollo porat qoch'iyo, medhdha shakkan lah erkattaass masmasa foottinan. Lak se iyya uqqar erkanniyan iqqim kodhdhaayy ishshaak. Uqqarhayaass, mehadhdha qoch'iyan ollo medhdha hala sett lekiyane, medhdha hala hek 4ss olliqaq mehadhdhaanett orqara erkawusatta maalla.

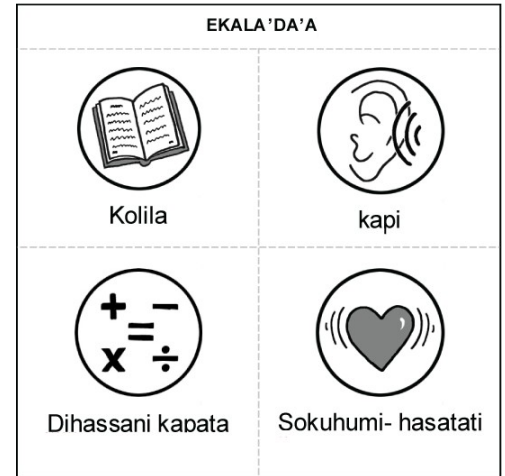
## LUSHATADA

- Medhdha shimir tallop quttii. "Aww antona por se innu Dhamadhdha innu hoosaannkinnu ulla pidhdhanninnop-kapiyaanettep,"kidh. Inn ila nam apure kapiyaap aan hekiyam?" Medhdha katoodhdhoss torrot kapiyaat olliqaootinan koy.
- "Dhamadhdha hekannadhdhu iyya kapiyaalle akken?" kaassadhdhu. (Mittaattila sin qapa foottinan: Aaanna, *bhuubhbha*, *dhihamat*, *poorra*, *soha*, *karammeella*, *skk*.) Erkama erkattot ashshannass iyya fadhosiinniyannen suuqet man talla akkana haww haww kiyass fadhosiisaadhdhu olli ishaamadha. Ishaamayin dhikkuma,ponka, medhdha dhamot dhamiy iyya tureeshsh kollen olle qapsis.
- "Antu kapiyaalle nam se heriyop kinnaanintoss hefaadh," kidh. Dhamadhdhaan att hoosaankishshu att pidhdhit kidh, Dhamadhdha hekannadhdhu pidhdhaat?" Medhdha haladha heka 4 qoot. Dhamadhdha hekann iyya hoosaanniyan kattoodhdhu olle ishaamanninan kaassadhu.
- Medhdha kaasa foottaass mehadhdha paasumat iyya innaak. Medhdha se qoch'ess Dhamadhdha iyya hoosaanniyan 4 akkum kaasinan kokkiy. Dhamadhdhaan lek kaasiyane medhdha lapitt shakk qareell erkatta foottinan. Dhamadhdhayin erkama ukkana kiyate iinn erkawusattaadhdhu immashsh ooriy.
- Medhdha maqaset erkatt ufnunt qapane, Dhamadhdhaan iyya kaasen akkum quurinan kokkiy. Medhdha Dhamadhdhaanett quura footta dhiyane, att quuraass helpa qoch' qedhdhatt kidh hedhikk. semmaalla hokat erkattaass Dhamadhdhaan kapiyaasss quuram.

## ERKKAMA

## Kapiya Kapaash

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Lel ufnatadha kapiyaat qiminninan.
<b>HELIPA</b>	Taqiqa 15 - 20
<b>QALAYITISA HALAT</b>	Haka medhdha Up to 20
<b>LAK</b>	Medhdha shimir talla laaisaass por se kayiyu. Ukkannass, Nam se dheiyu 4ss por iyya ulli sesseinan.
<b>QAALAYITISA</b>	Medhdha shimir kaan tall laashshiy. Ukkannass medhdha por meet 1 otant shimir talla kiyu olle otant dheyampayya 4 tall mimmitaatinaness koy.
<b>MEHDHA</b>	Paanuntadha afur heka torrawwa kapiyaallet kaas. (Paahnat: man uwwawwaat, man Dhamadhdhaat, man sohaat, skk,)
<b>SESEHUNT FIITIYOTE</b>	N/A



## IMASHORSATAN A

- Taanawin hek olli tooyaat kodhdha dhiittay kollampayya mashsh ooriy. Pushampaytanne pushmolayt amm hekiyam. Taanawin helpa namat leluffnat awshitt ulli kollinonne dhakint sesseininu kidha. Lah ladhhdhisaass iyyan dhikk akkum kodhdhess medhdha lel, maana maalla taanawin shakkar kidh ollo tara ukkana kiyu issetteeh dheyin.
- Foottana dhihaassa qimisaass hin helpa dhikk. Medhdhaan meet se otant il laoi hesaass uulli il laoiy haka 10 akkum dhihinaness kokkiy. Medhdha kapiyaalle por se erkama dhihaassa kiyan kapa kinnaatta iyya fadhossinn, skiilet dhihaassa kaanisa antaass iyya dhikk kidha.
- Haka 10 dhihot medhdha qareell kaanniyo, erkamaan haka 5 ooha foottint.

## KOLLANNA

- Medhdha otant dheyampayya 4 se tall mimmitaata rakkanniyo kinnaadhane, nam se mahadha torrot hembhyoss karittishsh oohama dhiinniyo ulla kalu kodhdha foottinan. Medhdhayin medhdha pil hin otant dheyampayya 4 tall mimmitaatiy akka footta dhiinninan mitt koyosiy ollo torrawwa afur se ila hekant iyya hembhinaness akkum olli erkanninan kodh.

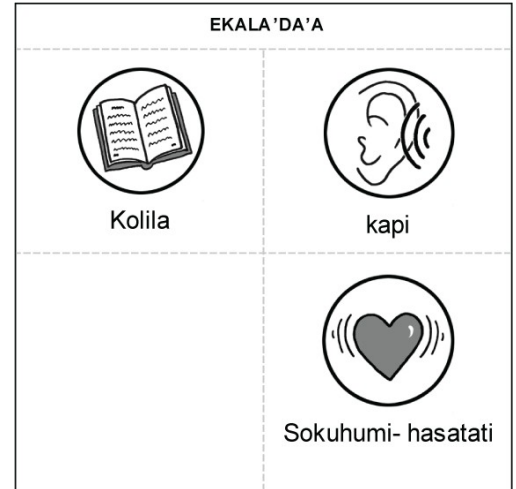
## LUSHATADA

- Medhdha shimir tallop qap. "Halate kapiyaalle oot maanna Dhamadhdhaat kollinn," kidh. Helpaan att kapiyaap anto, suuqawwa pil shoke akkana kapiyaalle kiyy att akka footintu maaniya?"
- Medhdha akkum qall qaapanninan koy. Por se akka foottinan lakk lakke kodhdhinnan ishaminan kokkiy, Hala se ilass mitaatiilaadhdu akkum olli qootinan koy.
- "Suuqawwa pil olle aww taanaw taanawinn, shoke metepiret innu kapiyaalle akka foottinu," kidh.
- Paanuntadha 4ra heka maanna afura sin haww hhaww kiy medhdha akkiy. Maannaan talla maaniya iyya akka foottinan medhdha olle ishaamadhu.
- Paanuntadha maannaanett man namat uttallop dheyin mittass haayen (shoke Arrange the store images so that they are in each corner of the room (or man se talla dhindh sikkaachaates).
- Medhdha shimir se tall ellinan kodh. Meet shokku otant shimir se talla ellinu koy. Meet sin indhooy qimbhinnin ollo erraash haka hundhat hembhin. Helpaan meetin hembhiyo, medhdha shakaann mannaan ila por shokkop anninan orr 4 sin dheiy ilop.
- Meet se otant ila kiyu mannaan ila mahh man se shokku hembha iyy fadhossinn ollo nam se man settep dheiyu iyya hembhen lah laoiisa iyy fadhossinn. Seep qar erkadhu haka nam shooh shoke lakk ukkela ellishshot hatinoss.
- Se otant ila medhdha haww haww kiy olle halpa qoch' il taanaw.



## ERKKAMA Torrawwa Por Kapiyaaynot

<b>QUNDHA</b>	Dhamadhda
<b>QAPANNA</b>	Hirayima, otanttanne muutayita torrot qartooyinan; torrot uumin; skiilet olli erkattaat qimminninan.
<b>HELIPA</b>	Taqiqa 20 - 25
<b>QALAYITISA HALAT</b>	Medhdha haka 20
<b>LAK</b>	Shimir kaan tall la'isaass medhdhaass por kayiyu
<b>QAALAYITISA</b>	Medhdha shimir kaan tall la'ashshiy
<b>MEHDHA</b>	Paanuntadha hoshil medhdha torrot lelaas iinn erkanninan kapiyaalle akkaanniy 10 uum.Paanuntadhayn hoshiliyan orr lakk kapiyaalle shoke paanunt qoch' aynonno kodhdho inn erkanniyu kodhdha foottinan.
<b>SESEHUNT FIITIYOTE</b>	N/A



- IMASHORSATAN A**
- Aynonno erkama heyikk foottinoss madhdha mashsh ooriy. Torroshadhdu ila karitt se iyya olle taanawiyanness medhdha hin awoo kidhiy kodhdha iyya fadhossinn. Medhdha shakkan qareel kiy erkama shakkanaah erkatta fadhiy kidh, taanawin kinnatadha lakk orrop kiy qafnaatta footaminan ollo kaysinnian kokkiy..Rakkot furisaass mulula kokkaadhdu, sedhepaah kodhdhint kidha dhiy.
  - Medhdha shakkan erkamaate dheesawiyen. Seenno hedhikk. Erkamayn torrot uuma hirayima, otanttanne muutayita olle. Medhdha dhahenn torrot hesaass kokkiy- karitt erkama lelaanne uuma.

- KOLLANNA**
- Medhdha hala kaanet helpa qafnaatto,hala dhah kaassatta tureeshsh qaapaadhdu kata olle olliqootinaness kokkiy.
  - Medhdha helekess hesaym fadhiy qafnaatto, erkamaanett haladha heka 6 shoke sekkannett kiyu qall qoamen ollo akkum kaysinninan kokki. (Hala kaannussa olle). Medhdha paanuntadha halpatt traama skiitet umaass iyyaanno sin hirayima, otanttanne muutayita gapu.





### LUSHATADA

- Medhdha shimir tallop quttiy. Qundha heka hirayima, otanttanne muutayita medhdha olle qartooy. Paanuntadhaan att kapiyaalle kaasit medhdha akkiy.
- “ Aww orr se ollikalop torrot lelaass ollenn erkanninn,” kidh.
- Kidhe, “Kaasanayin ila maana akk?” Medhdha qoch'ess sin iyya paanuntadha ila akkiyan akkum lelinan koy. Medhdha akkum iyya torrot heketadhdu uuminan oot Chulchul kapiyaap anniyot medhdha lel. Torrot se seep kidha hir, “Lashsh shakka Chulchulet inkoshshayyes tuum lakk pidhdha iyy fadhossitt. lushatada se qalle anniyo iyyat.....akk.”
- Amedhdha paanuntadha akkum tooyanninan kaassadhdu. ollo shakk se iyya qaapaniyan torrot se qalle ukkann dheya foottintu pahiyen.
- Paanunt se medhdha pahiyen sessejiyen torrot antona Chulchul kapiyaalle.
- Aannenno medhdha paanuntadhayn qeedhen ollo torrot se qallep haayen, haka torrotin hirayima pah qafnaanninoss. (Paanunt turqqattit iyya pahiyen), otant (paanuntadha lakkiyaanne halpattiya iyya pahiyen), ollo muutayita (paanunt muutayita iyya pahiyen).
- Hala olle torrot se uumen kanna meet shokku akkum akkinninu koy.

## ERKKAMA

## Kapiyaap Anta

<b>QUNDHA</b>	Dhamadhdha
<b>QAPANNA</b>	Qarhaayaanne qaraqeedhdha; kinnat ollikinnaatta
<b>HELIPA</b>	Taqiqa 20 - 25
<b>QALAYITISA HALAT</b>	Medhdha haka 20tess
<b>LAK</b>	Medhdha shimir talla laaisaass pot kayiyu. Ukkannass, medhdha shimir pat antaass por kayiyu, kapiyaale kiyaneep kapiyatta (kasha pidhdha)
<b>QAALAYITISA</b>	Medhdha shimir talla koy.
<b>MEHDHA</b>	<ul style="list-style-type: none"> <li>Akkana dhihamiy10 (iyyaanno: alquuqbe, atara, bhqala, skk.) meet shokkoss lakk lakkef mehadhdha kapiya medhdha tureeshsh kaasen.</li> </ul>
<b>SESEHUNT FIITIYOTE</b>	N/A

EKALA'DA'A	
 Kolila	 kapi
 Dihassani kapata	 Sokuhumi- hasatati

## IMASHORSATAN A

- Erkamayin medhdha shakkanass ishshaamatta footta dhiinnin. Masmasunt lekit kodhdha foottin, hekkodhdhu male hursaatta foottin. Medhdha qapana Hisaapetat rakkanniyane, hor akkana orqara olli oooohiyane masmasunt qafnaanniyane. hin hedhdhikk. Medhdha katoodhdhoss andhotanne sin hosasham akkum kodhdha iyya fadhosiinniyoss kokkila idhdhayy (Hatara, aypila dhaan, dhuupatta, nne qaap olli qoota erkattaann). Sikkiyayin iyyaan hokat fadhosiinni olli erkattaass iyyaass oot kaan kidha.
- Muutayita qara erkama qall lawaatess helpa hattisaayt ishshaak. Skiilet se iyya kollennenne qaapaadhdhu erkama qara ishaamattaass medhdha shimir tallop quttiy. Qundha kollia qall law, helpa erkamaanettette innaakkot qapattadhiy kidhanno.

## KOLLANNA

- Medhdha haka ammanetess uqqar haayaanne uqqara qeedhdha kaanisaalle kiy kidhanno, seenno hedhikk. Erkamayn kayishsh olle akkanadha itturaashanno ikkanaashanno olli oooohaann hoshilisa foottint. Lak kapaash anta kapa, lakk lakke kodhdha laaisa foottin. Meet shokku Taqiqa 5ss shokkoohan helpaanette kayishshayy qar akkana pidhdhinn, medhdh issette kata orqara pidhdha se qara kayishsh shokku shokko alquuqadha meeq iyya qapan erraash dhiha foottin. Helpaan iyya alquuq shokku akkana shakkan olle oohiyane hala sett eeshshaann iyya dhamma foottint.

## LUSHATADA

- Medhdh shimir tallop qutti. "Aww antoonaass kapiyaallep anninn," kidh. Akkanaann innat erkama pila kaasitenenn erkanninn ollopor alquuqatep oohintan. (Shoke akkanaann att qaftu dhiha)."
- Medhdha lakk lakk koy ollo lakk lakka settes akkana kapiya ormitt kiy idhdhayy ollo por alquuq 10ap ooh.
- Akkana heyikk dhahenn alquuq shokkonn heriyamaadhdhu medhdha lel. Karitt shokko altaash annin ollo akkana alquuq pidhdhinn, helpaan shokku kapiyaayy qar olanniyonne nam hepil heriy heriyoss kashiyo (ollo taqiqa 5 kanna medhdha dhuinin).
- "Nam se pidhdhanniyoss, nam se kapiyaalle kiyop akkum kodhdhintoss hefadh. akkana hekann att pidhdha fadhintu qaapadhu ollo nam se kashiyoss akkum att iyy qara pidhdhannintu kaassaddhu. Alquuq meeqqann at pidhdhit akkum dhihintoss hefadh, ollo meeq hedh hat. Kashampayya awutam akkan kash. Kashet shokku shokku kanna akkana meeq att qaftu dhihintoss hefadh, ollo alquuqadha meeq akkatt."
- Hala se ukkela hatess se pidhdhaanne kashaass mootetet kodhdh pahiy. Erkama kashaatenne pidhdhaatess mootetet kodhdh sedh iyya erkadhen olliooha kodhashshet qar haayaanne qaraqeedhdha olle qapsisaass kidha. Leladhayin "ch'aal" nne "qoch" erkadhu ufnunt sedh kaanisa maalla. Medhdha olle stratechet qarhaayaanne qaraqeedhdha medhdha olle qartooy.
- Lakkadhaanett (pairs) shimir kaan tall haay ollo hiraass sin pidhdhiyanne kashiy sekiy. Lakka se ila shokku kashampayt qara akkanadha alquuq pidhdhaass man se kapaash annin. Shakkannidhdhu iyya tura akkanaadhdhu olle akkum lah laoinninan ollo pidhdhampayya akka foottinaness kodh. Medhdha afa allihateneep iyya dhakaysamaatta tura, pidhdhampayya kashampayya il almuutaadhdh ishshaak.
- Medhdha pidhdhampayyaanne kashampayya kodhdhen erkadh kanna, shimir tall laoinan kodh. Oot ashshamm awutamiyya taroiyen medhdha olle ishaam, alquuqadhdhu se lek qara heqeedhdhen lamm alquuqat shokku shokko alquuq se lek hek kashampayt kodhdh qarop haayam.